



P.O. Box 460861  
Aurora, CO 80046-0861  
720-870-1161

[www.caregivernetwork.org](http://www.caregivernetwork.org)

# CAREGIVER NETWORK NETWORK NEWS

April/ May 2009

Issue 1

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## PRESIDENT'S MESSAGE

Dear Members,

The Week of the Young Child is this month. We are putting on the Trike-a-thon for your enjoyment. There will be lots of fun activities for your children as well as the trike-a-thon. I strongly encourage you to participate this year. The purpose of the week of the young child is for us to share what we do in the community. We want the public to see that we offer quality care and strive to offer the children a wide exposure to new things in life. We plan on

having the police and fire departments represented. We have a line man from Excel showing off his bucket truck. We will have a bouncy house and more fun activities. It is all free, there will be door prizes for you. Please come and share the morning with us. Bring a lunch for your group. Let's have some fun together.



## A VIEW OF QUALITY FROM LAW ENFORCEMENT

Risa Vetri Ferman, is a District Attorney in Pennsylvania where they are dealing with expanding prison populations like most of the rest of the country is. She is often asked the question, "What can we do to prevent crime?" Although there is no easy answer to this question, many tools are available. With the difficult times of our economy and governments cutting costs, putting funding into early childhood could be seen as a luxury.

In the landmark study of the High/Scope Perry Preschool Program conducted in Michigan, researchers found that at age 27, those at-risk 3- and 4-year-olds who had not attended the program were 5 times more likely to be chronic lawbreakers than similar children who had attended the program. By age 40 these children denied services were 4 times more likely to be arrested for drug felonies and more than twice as likely to become career offenders. This 35 year study found that the

preschool program caused a direct reduction in the costs of administering the criminal justice and welfare systems. The quality early childhood education offered these children with better tools to function in life and made them less likely to commit crimes or exhibit anti-social behavior.

Stop and think about the lessons child learn in preschool. They learn to share. They learn to treat others the way they would want to be treated. They learn to keep their hands to themselves. They learn not to take things that belong to someone else. They learn that they do no always get what they want and how to deal with that disappointment. In summary, they learn to become responsible citizens and how to participate in a community.

Source: Terri Lynne Lokoff Child Care Foundation newsletter, Winter 2009

# TELEPHONE & EMAIL CONTACTS



| Board of Director<br>A Caregiver Network | Name                 | Telephone    | Email                      |
|------------------------------------------|----------------------|--------------|----------------------------|
| <b>President</b>                         | Mary Ingleby         | 303-699-2681 | mllambs@aol.com            |
| <b>Vice President</b>                    | Dottie Trimpe        | 303-766-0949 | poohbearcare@comcast.net   |
| <b>CAFCC State Reps:</b>                 | Gretchen Davidson    | 303-991-2220 | gretchen@acecc.org         |
|                                          | Deanna Stolzenberger | 720-309-6846 | dstolzenberger@comcast.net |
| <b>Education Coordinator</b>             | Judy Borchers        | 303-766-9706 | mommacare@aol.com          |
| <b>Membership</b>                        | Jay Skinner          | 303-690-8267 | jayskinn@comcast.net       |
| <b>Newsletter</b>                        | Dawn Rhods           | 303-690-7684 | drhods@comcast.net         |
| <b>Referrals</b>                         | Maria Conrad         | 303-690-5836 | mariaconrad@comcast.net    |
| <b>Secretary</b>                         | Lissa Hetrick        | 303-693-4633 | lkidsclub@yahoo.com        |
| <b>Treasurer</b>                         | Karen Geyer          | 303-368-8945 | geyer20@comcast.net        |

A Caregiver Network

**LICENSING CONTACT:**

Red Rocks Community College  
 Child Care Innovations Licensing  
 13300 W. 6th Ave. Box 22B  
 Lakewood, CO 80228  
 303-914-6304 Main #  
 303-914-6100 Licensing Specialists

**Committee Positions:**

CPR/First Aid, Jay S. 303-690-8267  
 Fieldtrips/Events, Mary I. 303-699-2681  
 Librarian, Antonja H. 303-695-0175  
 Medication Admin, Maria: 303-690-5836  
 Phone Tree, Angie: 303-306-7151

**Adjacent County Association Referrals:**

A CareGiver Network 720-870-1161  
 Adams 303-451-1061  
 Arapahoe 303-246-5146  
 Boulder 303-494-0404  
 Broomfield 303-464-8307  
 Denver 303-756-8901  
 North Denver 303-371-7650  
 Douglas/Elbert 303-841-7718  
 Jefferson 303-969-8772  
 Longmont 303-651-1539  
 Lafayette 303-828-4617

**Advocate Organizations:**

ACECC 303-991-2220  
 —ACECC 's ECE Resource Centers:  
 —Arapahoe Comm. College 303-797-5678  
 —Comm. College Aurora 303-340-7564  
 Colorado Childcare Assoc: 303-860-7174  
 CAFCC, www.coloradochildcare.com  
 CAEYC, coloradoaeyc.org 303-791-2772

**Food Programs:**

A Child 's Choice 303-627-9207  
 Child Care Sponsors 303-745-1358  
 Kid 's Nutrition 303-987-4852  
 Wildwood 303-730-0460

**Resource and Referral Agencies:**

Qualistar, www.qualistar.org 303-290-9088  
 Child Care Innovations  
 —Providers 303-969-9666  
 —Parents 877-338-CARE  
 Families First 303-745-0327  
 —Family Support Line 303-695-7996  
 —Consejos Para Familias 1 866-527-3264  
 Family Resources 303-969-9500  
 Care Connection 303-604-0030  
 Mile High United Way 2-1-1

# Regular Membership Meetings

➤ **April 16, 7:00—8:30 pm**  
**Speaker:** Cindy Wilkinson  
**Topic:** Fun with Music  
**Credit:** 1.5 clock hours  
**Location:** Life Center of Aurora

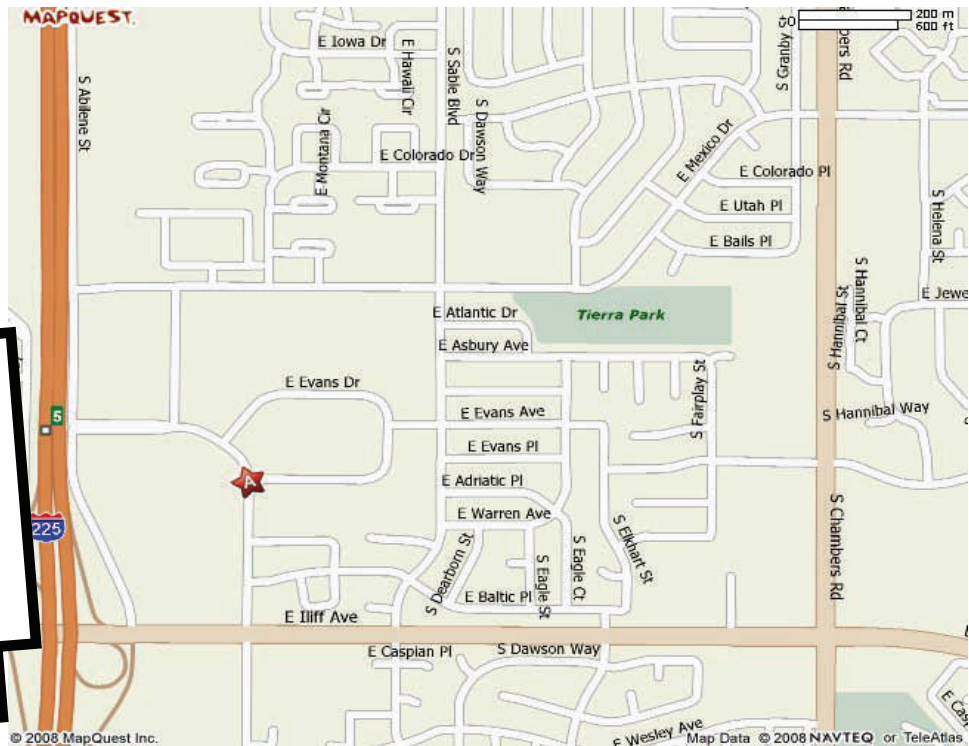
➤ **May 21, 7:00—8:30 pm**  
**Speaker:** Scott Liberman,  
**from Funsical**  
**Topic:** Preschool Fitness  
**Credit:** 1.5 clock hours  
**Location:** Life Center of Aurora

For other trainings, please see pages:

- 8—Conferences & Multi-day trainings
- 10—Affiliate, Correspondence and Online Courses
- 11—CPR/First Aid, Universal Precautions, Medication Administration, Family Child Care Pre-Licensing, and Preschool Planning Club

A Caregiver Network

Join us to gain training hours toward your license renewal. Providers need 15 clock hours per year and Experienced Providers will need 18. CPR/First aid hours can NOT be used toward these hours, however hours for Medication Administration and Universal Precautions do count toward license renewal training hours.



- Life Center Aurora, 14101 East Evans, Aurora, CO 80014
- Use West door to enter building
- No children please.

[Map of Life Center of Aurora, 14101 East Evans](#)

# Referrals

## February Referrals

29 phone calls  
18 emails

|       |   |
|-------|---|
| 80011 | 1 |
| 80012 | 2 |
| 80013 | 2 |
| 80015 | 4 |
| 80237 | 3 |
| 80236 | 1 |
| 80111 | 1 |

All other referral requests referred to other counties or agencies.

# CAFCC REPORT

The revised Rules and Regulations that were supposed to go into effect have been postponed until January. All members were recently emailed a copy of the latest proposed regulations. This is your last chance to give input before they are adopted.

Many affiliate organizations have conferences coming up soon. Please see page 8 for more information.

Deanna, CAFCC State Representative

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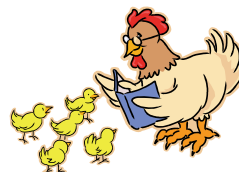


# Story Time

Join us for story time and a preschool activity. Space limited to 30 children. Held at the Smoky Hill Library at 5430 S. Biscay Circle, Meeting Room B, Centennial Colorado from 10:00 a.m.— 11:00 a.m.

## 2009 Dates:

- May 1
- June 12
- July 10
- August 7



**\*\*\* LIMIT 30 Children \*\*\***

To attend story time with your children, you **MUST R.S.V.P.**

R.S.V.P by contacting Mary Ingleby 303-699-2681 or by email [mllambs@aol.com](mailto:mllambs@aol.com)

# ELA Project

Announcing a new project promoted by the Arapahoe Early Childhood Council (ACECC). The ELA (Early Learning Alliance) will be a network of small Early Care and Education businesses, centers or homes that will work together to deliver services in a streamlined and efficient way. The ELA will provide:

- ◆ Fiscal management to increase revenue through an enrollment specialist.
  - ◆ The enrollment specialist will work on keeping programs full, fee collection and budget management.
- ◆ Lower costs on purchasing, marketing, and business tools.
- ◆ This adds up to high quality standards and successful business.

For more information, call Maria Conrad at 303-799-4068 or email her at [maria@acecc.org](mailto:maria@acecc.org).

# Industry News

## Early Literacy

The National Early Literacy Panel has released a new report entitled Developing Early Literacy. The report's findings identify the early literacy skills that definitively lead to reading success. All children must have access to a high-quality early childhood education that focuses on phonological awareness and exposes them to stories, books and rich language to help them develop strong reading skills, an essential component to student achievement, says the report.

Several programs are available to help with literacy instruction in your classroom. Colorín Colorado, [www.colorincolorado.org](http://www.colorincolorado.org), a nationwide initiative, provides a wide array of free resources for young English language learners, their parents and their teachers. Also, Reading Rockets, [www.readingrockets.org](http://www.readingrockets.org), is a great resource for information and resources on how young children learn to read, why so many struggle, and how you as an educator can help. Please visit our Web site, [www.ccw.org](http://www.ccw.org), for a complete listing of resources on early literacy development.

To view the full Developing Early Literacy report, please visit the National Institute for Literacy's Web site at <http://www.nifl.gov>.

## Study shows value of Investing in Preschool

A new report from the AFT (American Federation of Teachers) and the Albert Shanker Institute suggests that early, age-appropriate instruction in language, literacy, mathematics and science can have significant, long-lasting effects on preschool children's social and cognitive skills. Released on Dec. 11, "Preschool Curriculum: What's In It for Children and Teachers" synthesizes the best research on how young children learn in those academic domains and discusses the implications for improving preschool education. The report also says that aggressive, expanded instruction in these areas may yield economic benefits by reducing the learning disparities between rich and poor children that predate preschool and escalate through elementary and into middle school. The entire report is posted at <http://www.shankerinstitute.org/>.

## National Early Educator Worthy Wage Day Resolution

On May 1st each year, early childhood professionals nationwide conduct public awareness and education efforts highlighting the importance of good early childhood education for our nation's young children. Introduced by Rep. Carolyn McCarthy (D-NY) and Rep. Todd Platts (R-PA), the [National Early Education Worthy Wage Day Resolution, H. Con. Res. 99](#), is an effort to support these initiatives and to help develop greater public awareness in this area. Worthy Wage Day will be here soon! Last Congress, the House passed a similar resolution, H.Con.Res. 112. Make your voice be heard! Contact your representative today and ask for support for this year's Worthy Wage Day Resolution.

# The Logic of Homes

by Liz Prescott

At a recent Pacific Oaks College faculty retreat Sue Williamson and I got into a conversation about Family Day Care. Before long I was telling her how observing in Family Day Care had given me a new way to think about early childhood experience. Some years ago I had a series of grants from Office of Child Development to look at the variety of programs provided by group day care. Because I kept reminding them that Family Day Care at that time was providing far more care than centers they granted funds to add Family Day Care to our study.

The purpose of the observation schedule that we developed for use in group settings was to document the moment to moment experience of particular children in programs that differed in the degree of choice that the care givers felt was appropriate for children. Our observation schedule was complex since it was looking not only at the experience of the child through out the day, but was also keeping track of the ecology of the setting. By the end of 18 months we were very experienced at what we were doing and could code quickly and accurately.

Then we moved to Family Day Care and this was my undoing. The first morning I arrived as planned. In centers this meant that we could slip in, find an inconspicuous spot and usually remain virtually unnoticed. This ability to become invisible did not work in FDC homes. We soon learned that we had to spend some time visiting while we sipped the coffee that was most always offered, so I sipped my coffee and accepted the unanticipated role of guest. Finally, Sesame Street was turned on and I settled into the coding, but then was confused about whether participation in the activity was child or adult initiated. In centers when a TV program was available all children were usually expected to sit still and watch. Here, one child had moved to a book corner in the dining room and was reading to her doll and another was still building with blocks. After some hesitation, I decided that the activity was child-initiated. Somewhere in the middle of the program the caregiver appeared with an armload of laundry and sat on the couch to sort and fold as she watched the action with the children. Our target child began helping her sort socks. When the program ended the other children left, but our target child stayed on the couch and continued to sort socks as a travelogue replaced Sesame Street.

I then had a new problem. In centers each activity usually has a clear beginning and end with transitions in between, a bit like beads on a necklace with spacers between them. The child I was observing was still sitting on the couch watching TV and still sorting socks, but the other children had left and he and the caregiver were



now looking at the Eiffel tower and its construction and talking about a city called Paris. Was this one long activity starting with Sesame Street and ending with the Eiffel tower with sock sorting as a link or was it two separate activities? My confusion must seem unimportant, but it revealed a major difference in the flow of the day between centers and homes. Activities in centers are seldom this fluid except in the early morning and late afternoon when only a few children are present. Activities in homes have a more natural flow that does not constantly require everyone to start and stop at the same time. This flexibility reduces the amount of time that is spent in transitions and presents more chances to complete an activity. In centers these transition times can use as much as 20% of the day.

As the morning progressed I began to relax and observe with my usual focus. Then something happened that blew my mind. The caregiver sat down with the children and said, "It's almost lunchtime. Let's think about what we should have for lunch." I froze; my mind drew a blank and I could not figure out how to code this. In all the hours, days and months we had spent in centers, no one had ever posed this question, nor had I heard the kind of conversation that resulted. One child said, "Let's have spaghetti!" The caregiver replied, "That would be good, but it takes too long to cook." Another suggested, "How about tuna fish sandwiches?" "I'm not sure I have a can of tuna, let me check." She looked in the cupboard and reported "I'm out of tuna; I'll have to put that on my shopping list." One of the girls then proposed "scrambled eggs!" The caregiver said, "Remember, Jamie is allergic to eggs, so we can't have that." "Well, how about grilled cheese sandwiches?" was the next suggestion. "Ah! I think that will work," said the caregiver. "You all like grilled cheese and I have everything we need—so grilled cheese sandwiches it is."

*Continued on next page*

*The Logic of Homes, Continued*

I thought long and hard about this conversation and why it had seemed so unfamiliar. In centers there was also conversation about the food, but it was more about naming and describing. "Yes, we are having peas and carrots. They are called vegetables" "What color are the carrots? What color are the peas?" "Yes, the carrots are orange and the peas are green." "What shape are the carrots and what shape are the peas?" "Yes, the carrots are square and the peas are round." It was only after some weeks of reflection that I began to spell out the difference between these two types of conversation. The answer to the lunch question required a cognitive search for the pertinent issues, namely: preparation time, availability of items, health issues and finally, the pleasure of a food liked by all. These kinds of issues form the context that is required for caring. The answer to the peas and carrots questions taught simple classification. These are skills that require only naming, not creative problem solving within a complex context.

There were other differences. One of the ways in which we had rated activity segments in centers was whether the activity was open or closed. Open activities, such as all kinds of dramatic play, have no right answer and they unfold in unpredictable ways. Closed activities, such as puzzles, sorting, naming or following precise directions have a right answer that is conveyed by fit or completion or by adult confirmation. Some centers, especially those that promoted their educational program, had large numbers of closed activities. Not only were these activities closed, but doing them usually required sitting still, without much freedom to move around. We saw puzzles and other types of supplies for closed activities in family day care, but we also saw some very different closed activity segments, such as sorting socks, as described earlier, setting the table with the exact number of plates, glasses and silverware, counting the pieces of mail that the postman delivered and guessing which were only ads, using the nested spoons to select the right one for measuring out salt and cinnamon, or successfully cutting a cookie out of the dough and getting it onto a cookie sheet. Again, these were real life activities that had a clear purpose and outcome readily understood by the children.

Open activities also often had a different look. There was usually a housekeeping corner and both indoor and outdoor building areas, but instead of plastic accessories in the standard primary colors that are ordered from catalogues, we found all sorts of oddball loose parts that were scrounged or recycled. We often saw improvised stoves and sinks with real pots and pans that came from real kitchens; there were also the left over cylinders from paper towels, empty tin cans of various sizes, leaves, pine cones and other scrounged parts. The play that resulted showed exceptional creativity and resourcefulness.

We had also rated centers on a hard-soft dimension and developed what we called a softness rating. These were

the dimensions that we used: Child/adult cozy furniture, Large carpet or rug, Grass that is available for play, Sand box or area, dirt to dig in, Furry animals to hold, sling swings, Play dough or clay (real dough also counts!), Messy materials such as finger paint, wet clay or mud, water added to sand, Water as an activity, Laps that are available for children to sit on. Most of these things are readily available in homes. Being read to on a couch curled up next to an adult and other children is a much cozier experience than sitting on carpet square that defines your separate space. A yard with trees, dirt, sand and grass leads to activities that are impossible on a playground with an asphalt surface.

The point is that homes have a purpose that is different from that of schools or workplaces. Schools prepare students to be citizens and workers. Workplaces may be friendly and pleasant, but their overarching purpose is to provide a product in a competitive marketplace. The purpose of a home is to provide comfort, both physical and emotional, to all its members and to let them be themselves. These different purposes are reflected in the physical space that is provided and in the role that the participants play. In centers adults are to focus only on the children. Such activities as repairs and cleaning occur after the children have departed and lunch is prepared for the children not with them. In centers when we did observe an exception to this format, it came as a surprise and was remembered.

What I learned from observing children in homes after our many months of observing them in excellent centers was that homes provide a unique physical setting where children learn in a very immediate and practical way how the world works. I also learned that the logic of homes has a different twist. The daily lesson plan for a home is how to weave all the events, both anticipated and unexpected, into a meaningful pattern. The actual pieces may seem totally random; how cookie dough behaves compared to mud, the Eiffel tower as a backyard building project, the neighbor dropping in to complain about her lilacs not blooming, how to keep the 18 month old out of the block play, what to have for lunch. Homes are a very rich, complex environment and they offer experiences that help children develop emotional intelligence, creative problem solving and, hopefully, a sense of humor about life's unpredictabilities.

Prescott, E. Is Day Care as Good as a Good Home, *Young Children*, Vol 33, January 1978, No. 3, pp13-19

*Elizabeth Prescott is Professor Emeritus, Pacific Oaks College, Pasadena, CA. She lives in Bellingham, WA and is currently adjunct faculty in the Distance Learning program. She has a rich history of teaching, life-long learning, and advocating for the rights of children, families, and the early childhood workforce. It is an honor to know Liz, and to be able to work with her. ~ Sue Williamson*

## CONFERENCES & MULTI-DAY



A Caregiver  
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### Conferences:

- ◆ April 11, ACECC
  - ◆ **What Works—4 workshops**
  - ◆ \$4 each or \$20
  - ◆ .75-3.0 hours credit
  - ◆ Contact Laura 303-340-7564
- ◆ April 17 & 18, 2009—CAEYC
  - ◆ Spring Conference
  - ◆ Denver Merchandise Mart
    - ◆ Expo Building
    - ◆ I-25 & 58th Avenue
  - ◆ 7:30—4:30 pm
  - ◆ Keynote: Lillian Hubler
  - ◆ Cost Range: \$65 to \$130
  - ◆ Contact: 303-791-2772 or 1-888-892-4453
- ◆ April 25—June 27th, ACECC
  - ◆ **Expanding Quality in Infant and Toddler Care**
  - ◆ Free
  - ◆ 48 credit hours
  - ◆ Contact: Laura 303-340-7564
- ◆ April 25 —DAFCC
  - ◆ 16th Annual Conference
  - ◆ 8:00 am—4:30 pm
  - ◆ Salem United Church of Christ, 5300 E. Florida Ave., Denver, CO 80222
  - ◆ Cost \$50 nonmembers
  - ◆ Vendor booths, door prizes
- ◆ May 2, 2009—Pikes Peak Region
  - ◆ Spring Mini-Conference *Stars Together*
  - ◆ St. Paul's United Meth. Church 2111 Carlton Rd, Colo. Springs Colorado 80909
  - ◆ 7:15 am—noon
  - ◆ Keynote: Andrea Pitman
  - ◆ Contact: z 719-391-1227
- ◆ June 14—17, 2009—NAEYC
  - ◆ **18th National Institute for Early Childhood Professional Development**
  - ◆ Charlotte, North Carolina
  - ◆ www.naeyc.org
- ◆ June 16—19, 2009 — World Forum ECE
  - ◆ Belfast, Northern Ireland
  - ◆ www.worldforumfoundation.org

- ◆ June 24-27, 2009—NAFCC
  - ◆ 19th National Conference
  - ◆ Baltimore, Maryland
  - ◆ www.nafcc.org
- ◆ July 23-25, 2009—IFDCO
  - ◆ International Family Day Care Organisation Triennial Conference
  - ◆ Cork, Ireland
  - ◆ www.ifdco.com
  - ◆ Contact: Patricia Murray, pmurray@childminding.ie

## Humor Me

### *Children at Play*

As newlyweds, my wife and I hosted a family get-together at our apartment, which had a large grassy field and superb children's playground next door. My wife organized games outdoors for our eight nieces and nephews, and the laughter and activity drew other children, until about thirty kids were playing and clamoring for my wife's attention. After three hours, she called it quits.

The next morning while we were getting ready for work, two boys knocked on our patio door and asked if our children could come out and play. I told them we had no children; our nieces and nephews had just been visiting. Looking momentarily dejected, they brightened considerably as they asked, "Well, then, can your wife come out and play?"

Continued on page 14

# Trike-A-Thon

TIME: 10:00 AM—12:00 PM

DATE: FRIDAY, 04/24/09



**Fundraiser for St. Jude Research Center**

**Sponsored by: A Caregiver Network**

Children in your care can learn tricycle safety while raising money for St. Jude's and earning prizes. A child raising \$35 in pledges will receive a t-shirt.

Other activity areas:

- ◇ Community helpers / Photo Ops
- ◇ Jumping castle
- ◇ Trike safety video
- ◇ Snack station
- ◇ Bring a sack lunch.

**CONTACTS: MARY 303-699-2681**

**OR DOTTIE 303-766-0949**

**St. Martin in the Field Episcopal Church,  
4740 S. Buckley Road, Aurora, CO 80015**

Limited to 300 children. Please call Dawn to obtain pledge paperwork and to check out a safety book and DVD. Call to reserve space for your group today.

**Variety of Door Prizes. Must be present to win.**

**Month of:**

Celebrate Diversity  
 Fresh Florida Tomatoes  
 Jazz Appreciation  
 Keep America Beautiful  
 Month of the Young Child  
 National Garden Month  
 National Humor Month  
 National Kite  
 National Poetry  
 Straw Hat Month

**Weekly Observances:**

Nat'l Week of the Ocean: 5-11  
 Nat'l Library Week: 12-18  
 Egg Salad Week: 13-19  
 Coin Week: 19-25  
 Nat'l Karaoke Week: 19-25  
 Playground Safety Week: 19-25  
 Week of The Young Child: 19-25  
 Int'l Whistler's Week: 22-26  
 Astronomy Week: 27-5/3

**Days:**

April Fools: 1  
 Palm Sunday: 5  
 Metric System Day: 7  
 Good Friday: 10  
 Nat'l D.A.R.E. Day: 10  
 Nat'l Sibling Day: 10  
 Baby Massage Day: 11  
 Easter: 12  
 Licorice Day: 12  
 McDonald's Day: 15  
 High Five Day: 16  
 Ellis Isle Family History: 17  
 World Amateur Radio Day: 18  
 Auctioneers Day: 18  
 Earth Day: 22  
 Nat'l Jelly Bean Day: 22  
 Daughter/Son to Work Day: 23  
 Arbor Day: 24  
 Red Hat Society Day: 25  
 Morse Code Day: 27  
 Sense of Smell Day: 29  
 National Dance Day: 29  
 National Honesty Day: 30

## Other Trainings:

**Adams County Association of FCC:**

Meetings usually held at the Thornton Civic Center, 9500 Civic Center Drive, I-25 & Thornton Pkwy. Contact: Melinda Kurgorn 303-280-4607. Snacks and refreshments at 6:30 pm with social time before workshop.

**Arapahoe County FCCA:**

Meets the 2nd & 3rd Tues of the month. The 2nd Tues mtg. place is the Koelbel Library in Centennial. Arkansas Elementary in Aurora on the 3rd Tuesday of each month. Contact Patty at 303-745-6558

**Boulder County Family Child Care Assoc:**

Meets the 2nd Tuesday of the month from 6:30-8:45pm at 1950 Mountain View, Longmont (Matisse Room). Contact Sue Stevens at 303-666-8774.

**Broomfield Child Care Association**

Meets monthly on the 2nd Tuesday of every month 6:30-8:30pm at First Baptist Church, 90 Emerald St., Broomfield. Contact Cathy at (303) 451-7453

**Colorado Assoc. of Family Child Care**

Meets at the Bear Valley Church, 10001 West Jewell Avenue, Lakewood from 9-12. 2009 Dates: Jan 24—1.5 hrs "Facilitating Bonding with Infants & Toddlers." Contact, Tricia 303-914-8687.

**Denver Association of Family Child Care**

Meets the 2nd Thursday of each month at the Salem United Church of Christ, 5300 E. Florida from 7:00—9:00 p.m. Jan 8: Tax workshop by Pam Ortega. Price for workshop/meeting without membership card is \$5. Contact Betty 303-758-1289

**Douglas County Child Care Association**

Meeting dates and locations vary per month. Please call Paula (720)344-2931 or Shelley (303) 346-9779 for monthly information.

**Jefferson County Child Care Association**

Meetings are held at the Clements Community Center, 1580 Yarrow Street in Lakewood from 6:45—9:00 p.m. Bring a dish if you wish to join the potluck meal. No children, breastfeeding infants only.

**NE Denver Child Care Network**

Meets the last Monday of the month at Environmental Tech Institute, 11801 E. 33rd Ave, Unit C, Denver 7-9 pm. Contact Emma at 303-618-9887 for more information.

**Child Care Innovations**

[www.rccc.edu/childcareinnovations](http://www.rccc.edu/childcareinnovations)

**Conferences:**

◆ SEE PAGE 8

**Correspondence Courses**

ACE-Alternative Cont. Ed. 720-436-9367  
 Wildwood-www.Wildwoodkidstuff.com  
 800-539-9453  
 CARE Course-www.carecourse.com  
 800-685-7610  
 Advanced Care—303-384-3696  
 Learning Bug—Sue Cometto 303-460-1954  
[Childcare Educational Opportunities](#)—Judy Eggleston 303-469-5596

**Online Courses**

[www.caregivernetwork.org](http://www.caregivernetwork.org)

**Tour of Homes****Pikes Peak Region Family Child Care Assoc.**

- ◆ April 18, 2009—Pikes Peak Region
  - ◆ Inclement weather date: April 25th
  - ◆ Starting at the home of Somjai, 6970 Cotton Dr., Colo. Springs Colorado 80923
  - ◆ 10:00 am—2:00 pm
  - ◆ Noone under 18 years allowed
  - ◆ Cost \$10 and may be purchased at the registration table on day of tour.
  - ◆ Contact: 719-391-0639 Laura or 719 597-3223 Deb

*If you would like your association's training schedule listed here, please email your event information to [drhods@comcast.net](mailto:drhods@comcast.net).*



**Month of:**

- American Wetlands Month
- Heritage Month for:
  - Asian Pacific American
  - Haitian
  - Jewish-American
- Clean Air Month
- Nat'l Bike Month
- Nat'l Hamburger Month
- Nat'l Smile Month

**Weekly Observances:**

- Pen Friends Int'l: 1-7
- Be Kind To Animals: 3-9
- Nat'l Family: 3-9
- Teacher Apprec.: 3-9
- Nat'l Nurses Day and Week: 6-12
- Nat'l Police: 10-16
- Nat'l Transportation: 10-16
- Reading is Fun: 10-16
- Nat'l New & Old Friends: 17-23
- EMS (Emer. Medical Svcs): 18-24
- Nat'l Backyard Games: 18-25
- Black Single Parents: 31-6/6

**Days:**

- Lei Day/May Day: 1
- Mother Goose Day: 1
- Silver Star Day: 1
- Stepmother's Day: 1
- Nat'l 2 Different Colored Shoes: 3
- Respect for Chickens Day: 4
- Cinco de Mayo: 5
- Nat'l Teacher Day: 5
- No Socks Day: 8
- Child Care Provider Day: 8
- Birthmother's Day: 9
- World Migratory Bird: 9-10
- Mother's Day: 10
- Windmill Day: 10
- Eat What You Want Day: 11
- Nat'l Nutty Fudge: 12
- Nat'l Chocolate Chip Day: 15
- Nat'l Pizza Party Day: 15
- NASCAR Day: 17
- Int'l Museum Day: 18
- Boys Club Day: 19
- Weights & Measures Day: 20
- Int'l Jazz Day: 23
- World Turtle Day: 23
- Brother's Day: 24
- Neighbor Day: 24
- Cookie Monster's Birthday: 25
- Memorial Day: 25 (Observed)
- World No-Tobacco Day: 31

Source: [www.brownielocks.com](http://www.brownielocks.com)

**MEDICATION ADMINISTRATION COURSES**

Held at St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015 , from 8:00 a.m.—1:00 p.m. Limited to 15 students per class. Cost \$40 per person. If the class you're scheduled for is cancelled, you will be notified if you have supplied us with your telephone number. There is a \$30.00 charge on all returned checks. Certificates are held for 3 weeks until check clears the bank. All classes are non-refundable.

**No refunds.**

Purchase classes online at [www.caregivernetwork.org](http://www.caregivernetwork.org)

**Call 720-870-1161**

**2009 classes:**

- May 9
- June 13
- July 11
- August 8



**Medication Forms Online:**

[www.caregivernetwork.org/8](http://www.caregivernetwork.org/8)

**UNIVERSAL PRECAUTIONS**

Held at St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015 , from 1:15 p.m. - 2:45 p.m.

**2009 classes:**

- May 9
- June 13
- July 11
- August 8

**Only \$15 per person**

**Contact Lissa at 303-693-4633**

**FIRST AID & CPR COURSES**

St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015 from 8:45 a.m.—4:00 p.m.

ferred method of payment is to pay online with debit/credit card.

Contact Jay 303-690-8267

**2009 Dates:**

- April 18
- May 16
- June 20
- July 18
- August 15

All of our classes are **non-refundable.** If the class is cancelled and you've provided your telephone number, you will be called.



Certificate hold of 3 weeks until check clears. Pre-

**Cost \$40.00**

**PRESCHOOL PLANNING CLUB**

Join us for fun and a minimum of 1 hour credit in the area of Early Childhood Education at Dawn's home, 5543 S. Himalaya Way, Centennial, CO 80015 at 7:00 p.m. Many curriculum resources available in the library.

**2009 Dates:**

- May 13
- June 10
- July 8
- August 12

RSVP after 3 pm to Dawn at [303-690-7684](mailto:303-690-7684) or via email at [rhods@comcast.net](mailto:rhods@comcast.net)

**Cost: \$3.00 per person.**



**Pre-Licensing Training Course**

ACGN offers pre-licensing toward opening a family childcare home license. If you know of anyone starting a child care, have them call 303-690-7684. \$70. Courses are 2 days/15 hours total on the following dates:

**2009 classes:**

- Apr 25 & May 2
- May 30 & June 6
- June 27 & June 28



25" wide laminator now available during preschool planning club. Bring items you need laminated for a small cost of 15 cents a foot.

# Child-Friendly RECIPES

## Omelets in a Bag

### Ingredients:

- ◆ 2 eggs
- ◆ Cheese
- ◆ Lunch meat



### Utensils:

- ◆ Quart-sized Ziploc Bag
- ◆ Sharpie
- ◆ Pot

### Directions:

- ◆ Wash your hands
- ◆ Fill pot 1/2 way with water. Put on stove, turn heat on high.
- ◆ Wash and dice lunch meat and bell pepper. (Adult can precut for younger children)
- ◆ Get 2 eggs and a Ziploc bag
- ◆ Crack 2 eggs into the bag. Make sure you get all the eggshell out.
- ◆ Zip the bag and shake until eggs are mixed.
- ◆ Open the bag to put cheese, veggies, and meat inside. (Put in measure cup for younger ones to pour)
- ◆ Get air out of the bag and close bag tight.
- ◆ If water is boiling, put bags in pot for 13 minutes .
- ◆ Take omelet out of bag and put on plate
- ◆ Eat.

We're on the Web...  
caregivernetwork.org

## Chili Dip

### Ingredients:

- ◆ 1 can of chili, no beans
- ◆ 1 brick cream cheese
- ◆ 1/2 t. chili powder
- ◆ Tortilla chips



### Utensils:


- ◆ Bowl
- ◆ Measuring spoons
- ◆ Spoon (gravy ladle works best)
- ◆ Pot
- ◆ Can opener
- ◆ Wooden spoon
- ◆ Stove

- ◆ Wash your hands
- ◆ Open can of chili and put into bowl
- ◆ Open cream cheese and put into bowl
- ◆ Add 1/2 t. of chili powder
- ◆ Mix the ingredients
- ◆ Put ingredients in a pot on the stove
- ◆ Turn stove to medium heat and stir with wooden spoon until melted
- ◆ Put handful of chips onto your plate
- ◆ Spoon dip onto your plate
- ◆ Eat

# April 2009

| Sun | Mon | Tue | Wed   | Thu                 | Fri                 | Sat                                                                                                         |
|-----|-----|-----|-------|---------------------|---------------------|-------------------------------------------------------------------------------------------------------------|
|     |     |     | 1     | 2                   | 3                   | 4                                                                                                           |
| 5   | 6   | 7   | 8 PPC | 9                   | 10                  | 11 UP. <br>Meds-sold out |
| 12  | 13  | 14  | 15    | 16 ACGN<br>workshop | 17                  | 18 CPR/<br>FA                                                                                               |
| 19  | 20  | 21  | 22    | 23                  | 24 Trike-A-<br>Thon | 25 PL                    |
| 26  | 27  | 28  | 29    | 30                  |                     |                                                                                                             |

# May 2009

| Sun | Mon | Tue | Wed    | Thu                 | Fri | Sat                                                                                              |
|-----|-----|-----|--------|---------------------|-----|--------------------------------------------------------------------------------------------------|
|     |     |     |        |                     | 1   | 2 PL cont.  |
| 3   | 4   | 5   | 6      | 7                   | 8   | 9 UP /<br>Meds                                                                                   |
| 10  | 11  | 12  | 13 PPC | 14                  | 15  | 16 CPR/<br>FA                                                                                    |
| 17  | 18  | 19  | 20     | 21 ACGN<br>workshop | 22  | 23                                                                                               |
| 24  | 25  | 26  | 27     | 28                  | 29  | 30 PL                                                                                            |
| 31  |     |     |        |                     |     |                                                                                                  |

KEY: ACGN = A Caregiver Network monthly membership meeting and workshop  
 CPR/FA = CPR & First Aid Class  
 Meds = Medication Administration Class  
 PL = Family Childcare Pre-licensing course (must attend both days)  
 PPC = Preschool Planning Club (earn continuing education hours)  
 UP = Universal Precautions Class

 Conference - See page 8



## A Caregiver Network

P.O. Box 460861  
Aurora, CO 80046-0861



**Supporting All Early Childhood Professionals**

Phone: 720-870-1161



**April  
24th**

### Expert on Children

On a flight to Florida, I was preparing my notes for one of the parent-education seminars I conduct as an educational psychologist. The elderly woman sitting next to me explained that she was returning to Miami after having spent two weeks visiting her six children, 18 grandchildren and ten great-grandchildren in Boston. Then she inquired what I did for a living.

I told her, fully expecting her to question me for free professional advice.

Instead she sat back, picked up a magazine and said, "If there's anything you want to know, just ask me."

Source: <http://kcbx.net/>

**Call Maria with your  
openings!  
720-870-1161  
[mariaconrad@comcast.net](mailto:mariaconrad@comcast.net)**

**Substitute Care Providers:  
Becky—720-870-2185  
Cherish —303-521-2586**