



P.O. Box 460861
Aurora, CO 80046-0861
720-870-1161

www.caregivernetwork.org

CAREGIVER NETWORK NEWS

December 2008 / January 2009

Issue 1

PRESIDENT'S MESSAGE

Dear Providers,

2008 is about to close. We are embarking on the Holiday Season and we all become so busy with all the activities that we sometime forget to slow down and enjoy the time we share together with our families. This year will be very bittersweet for me personally and I hope that if my lesson alone helps you give extra hugs and kisses to those you love then it may have a silver lining in it all. Best Wishes from all of us on the Board of Directors for a beautiful love filled Holiday. We hope 2009 will be a great year for all of you.

Mary Ingleby



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CAFCC STATE REPORT

Loveland is having its annual Sweetheart Conference, planned for February 7, 2009. Keynote speaker is Dr. Mom (Dr. Marianne Neifert). Features homemade Mexican food for lunch. Faith Evangelical Church, 2707 N Wilson Ave, Loveland, CO. \$50, 6 credits. Contact Charlotte Duerr, 970-669-0836. crduerr@msn.com or Irene Gilman, 970-532-5091, momasday-care@aol.com. Limited to 250 people.

Loveland is also hosting another "Place of Our Own" Provider Recognition Luncheon. Dec 13, 2008, 10:30 am. Free but limited to first 100 registrants. Group Publishing's Fireside Café, 1515 Cascade Ave, Loveland CO.

Jeffco's "What It Takes" conference: March 7, 2009 with Bev Boss. 400 spaces available. No flyers yet.

Education Foundation would like newsletter articles from each association.

There are 4 trustee positions open. If interested send Letter of Intent to Shana Oster: s.oster@att.net.

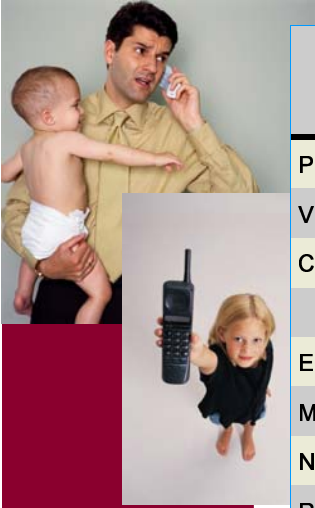
Upcoming trainings:

- No December
- January 24 – Debbie Jump; \$10
- No Feb meeting
- March – Judy Pearson
- April – Intro to Grant Writing

CAFCC was the first to join NAFCC as an affiliate member. Many perks to come from being among first 5. There was no additional cost to CAFCC because there were already 25 members who were NAFCC members.

Deanna, CAFCC State Representative

TELEPHONE & EMAIL CONTACTS



Board of Director A Caregiver Network	Name	Telephone	Email
President	Mary Ingleby	303-699-2681	mllambs@aol.com
Vice President	Dottie Trimpe	303-766-0949	poohbearcare@comcast.net
CAFCC State Reps:	Gretchen Davidson	303-991-2220	gretchen@acecc.org
	Deanna Stolzenberger	720-309-6846	dstolzenberger@comcast.net
Education Coordinator	Judy Borchers	303-766-9706	mommacare@aol.com
Membership	Jay Skinner	303-690-8267	jayskinn@comcast.net
Newsletter	Dawn Rhods	303-690-7684	drhods@comcast.net
Referrals	Maria Conrad	303-690-5836	mariaconrad@comcast.net
Secretary	Lissa Hetrick	303-693-4633	lkidsclub@yahoo.com
Treasurer	Karen Geyer	303-368-8945	geyer20@comcast.net

A Caregiver
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LICENSING CONTACT:

Red Rocks Community College
Child Care Innovations Licensing
13300 W. 6th Ave. Box 22B
Lakewood, CO 80228
303-914-6304 Main #
303-914-6100 Licensing Specialists

Committee Positions:

CPR/First Aid, Jay S. 303-690-8267
Fieldtrips/Events, Mary I. 303-699-2681
Librarian, Antonja H. 303-695-0175
Medication Admin, Maria: 303-690-5836
Phone Tree, Angie: 303-306-7151

Adjacent County Association Referrals:

A CareGiver Network 720-870-1161
Adams 303-451-1061
Arapahoe 303-246-5146
Boulder 303-494-0404
Broomfield 303-464-8307
Denver 303-756-8901
North Denver 303-371-7650
Douglas/Elbert 303-841-7718
Jefferson 303-969-8772
Longmont 303-651-1539
Lafayette 303-828-4617

Advocate Organizations:

ACECC 303-991-2220
—ACECC 's ECE Resource Centers:
—Arapahoe Comm. College 303-797-5678
—Comm. College Aurora 303-340-7564
Colorado Childcare Assoc: 303-860-7174
CAFCC, www.coloradochildcare.com
CAEYC, coloradoaeyc.org 303-791-2772

Food Programs:

A Child 's Choice 303-627-9207
Child Care Sponsors 303-745-1358
Kid 's Nutrition 303-987-4852
Wildwood 303-730-0460

Resource and Referral Agencies:

Qualistar, www.qualistar.org 303-290-9088
Child Care Innovations
—Providers 303-969-9666
—Parents 877-338-CARE
Families First 303-745-0327
—Family Support Line 303-695-7996
—Consejos Para Familias 1 866-527-3264
Family Resources 303-969-9500
Care Connection 303-604-0030
Mile High United Way 2-1-1



Regular Membership Meetings



➤ **No December Membership Meeting**
We will see you in January.

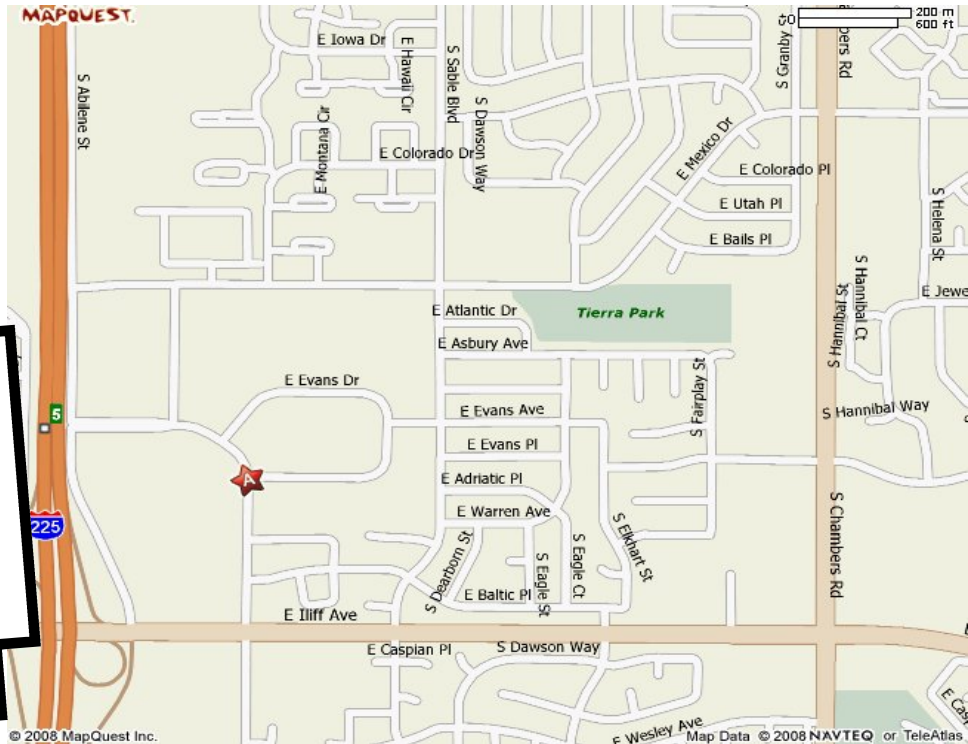
➤ **January 15, 2009, 7:00—8:30 pm**
Speaker: Judy Adams
Topic: Taxes
Credit: 1.5 clock hours
Location: Life Center of Aurora, 14101

➤ **February 19, 2009, 7:00—8:30 pm**
Speaker: Lisa King
Topic: Personal Care & Pampering
Credit: 1.5 clock hours
Location: Life Center of Aurora

For other trainings, please see page 8.

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Join us to gain training hours toward your license renewal. Providers need 15 clock hours per year and Experienced Providers will need 18. CPR/First aid hours can NOT be used toward these hours, however hours for Medication Administration and Universal Precautions do count toward license renewal training hours.



- Life Center Aurora, 14101 East Evans, Aurora, CO 80014
- Use West door to enter building
- No children please.

[Map of Life Center of Aurora, 14101 East Evans](#)



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Referrals

October Referrals

26 calls received
25 emails received

80012	1
80013	8
80014	2
80015	5
80017	1
80018	2
80112	2
80134	1
80234	1

November Referrals

22 email requests
23 phone requests

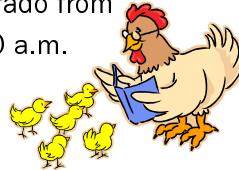
80011	3
80012	1
80013	3
80014	1
80017	1
80122	1
80231	1
80237	2

All others were referred to other counties or agencies.



Story Time

Join us for story time and a preschool activity. Space limited to 30 children. Held at the Smoky Hill Library at 5430 S. Biscay Circle, Meeting Room B, Centennial Colorado from 10:00 a.m.— 11:00 a.m.



Dates:

- Dec 12

*** LIMIT 30 Children ***

To attend story time with your children, you **MUST R.S.V.P.**

R.S.V.P by contacting Mary Ingleby 303-699-2681 or by email mllamb@aol.com

CHILD CARE ITEMS FOR SALE



I will be closing my child care business of 20 years at the end of 2008.

Starting in January I will have many child care items that will need a new home.



Please call me to find out what I have.

Jay Skinner 303-690-8267





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I SPY A SHAPE

Grades: Pre-K - 2
Group size: Any

Materials: None

Time: 10 minutes or less

Prerequisites: None

Spotlight: Recognizing shapes



1. Name the shape

- Choose someone to be the Leader. The first time, choose an adult.
- The Leader secretly picks an object that everyone can see.
- The object should have a geometric shape, such as a triangle or sphere.
- The Leader announces the shape:
- "I spy with my little eye: a circle!"

2. Gather clues

Children take turns asking yes-or-no questions to identify the object.

- Is it blue?
- Can we see it out the window?
- Do we use it to tell time?

After each turn, help children review the clues so far: "It's a circle. It's not blue. We can't see it out the window. We do not use it to tell time."

3. Guess

After three turns in a row in which different players get an answer of "yes", everyone may take a turn guessing the object. The player who guesses the object is the winner. If no one guesses correctly, go back to step 2.

Variations



I Spy Numbers (Grades K, 1, 2)

Instead of a shape, the Leader announces a number (for instance, on a calendar, poster, or clock) that everyone can see: "I spy the number 12." Players ask yes-or-no questions to identify the number.



I Spy Letters (Grades K, 1, 2)

The Leader announces a clue about the number of letters in a word that is visible to all on a bulletin board, wall, or sign. For instance, "I spy a word with three letters," or "I spy a word with two E's." Players ask yes-or-no questions to identify the word.

Continued on page 6

I SPY A SHAPE, CONTINUED

FROM PAGE 5



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Hot or Cold (Grades K, 1, 2)



Instead of asking questions, players move to the area where they think the object might be located and ask, "Is it near here?" The Leader tells them whether they are "hot" (near the object) or "cold" (far away).

Books and Other Resources

"I Spy" series (Grades K, 1, 2)

Published by Scholastic or check www.scholastic.com/ispy/
More books to come!



Spotlight

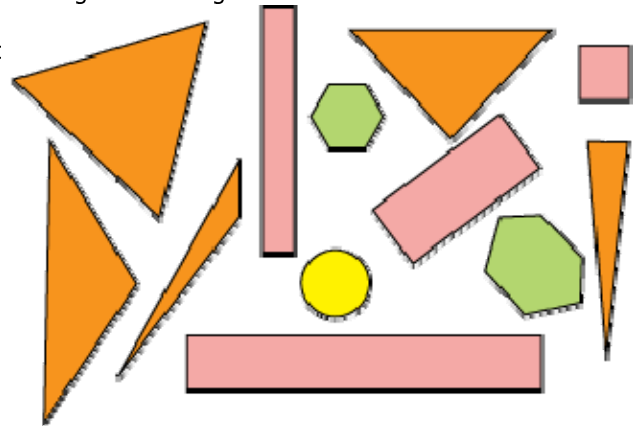
Recognizing shapes

Before reading on, shut your eyes and imagine a triangle. What does it look like?



Many people envision triangles with the point at the top and close to equal sides.

Triangles, rectangles, and other geometric shapes can actually appear in many different shapes, sizes, and orientations. Finding shapes all around can help children recognize that what makes a triangle is three sides and three angles, not a certain position or orientation. Likewise, what makes a rectangle is four sides and four right angles. Squares are rectangles, too.



Source: <http://mixinginmath.terc.edu/>

SUNSHINE CORNER



Congratulations to Lissa H., on the birth of her daughter, Madison. Madison Grace Fernandez was born on October 28th, 2008. She weighed 7 lbs, 5 oz, had a length of 20 1/2 inches, and 13" inch head circumference.

Lissa and her family are all doing great.

For those of you who do not know Lissa, she is a Board of Director for A Caregiver Network serving in the position of Secretary. We appreciate all of her hard work.

Bronchitis in Young Children



A Caregiver Network



Caregivers and parents can be confused about what actually is bronchitis in young children. Is it a cough? Cold? Asthma? Bronchitis?

Bronchitis is an inflammation of the large breathing tubes called “bronchi” (pronounced bron-ki). It is most frequently caused by viruses and is often called a “chest cold.”

Bronchitis also may occur in children with chronic sinus infections, allergies, or enlarged tonsils or adenoids. The most common types of bronchitis are acute bronchitis and chronic bronchitis.

Bronchiolitis (pronounced bron-kee-o-li-tis) is similar to bronchitis, except it is an inflammation of the smaller airways leading from the bronchi to the lungs and is most common in infants 3-6 months of age.

What is Acute Bronchitis?

In children, bronchitis and bronchiolitis are almost always acute. They often follow a viral infection such as a cold or seasonal influenza.

Acute bronchitis means it comes on suddenly and lasts days or several weeks. It begins with cold symptoms including congestion, a runny nose, a sore throat, and low energy levels.

However, unlike a cold that only affects the nose and throat, bronchitis causes swelling of the linings of the large tubes that lead to the lungs. It causes a dry, hacking cough that sometimes develops into a mucus-filled cough. The mucus may be yellowish gray or green.

With acute bronchitis, the child may have a low fever (99-100 degrees F) with some vomiting or gagging caused by the coughing. The child may wheeze and this often is referred to as “asthmatic bronchitis” and can occur even if the child does not have asthma.

Since acute bronchitis often is caused by the same viruses that cause the common cold, it can be as contagious as a cold. The child with acute bronchitis should not attend a childcare program if he or she has a fever, is constantly coughing or vomiting, or does not feel well enough to do his or her regular activities. Infectious agents such as a virus or bacteria can cause acute bronchitis, as can physical or chemical agents like dust, allergens, strong fumes, chemical cleaning compounds, or tobacco smoke. In young children, a virus is the most common cause of bronchitis while for children six years and older, bacteria are more likely to be the cause.

Acute bronchitis is usually diagnosed by describing the child’s symptoms and having a physical exam. Sometimes, the health care provider may perform a chest x-ray, blood tests, or “pulse asymmetry,” a simple test that measures the amount of oxygen in the blood or a sputum (mucus in the throat) exam to rule out other diseases such as asthma or pneumonia.

Although it is rare, some children with acute bronchitis may develop “walking pneumonia.” Walking pneumonia received its name because even though most other symptoms, including fever, have gone away, the children may still be “walking around” with pneumonia.

Pneumonia is an inflammation or infection of the lungs. Symptoms include a cough with mucus that lingers for three-four weeks; the children may even have blood in their mucus. Pneumonia is a serious infection of the lungs and sometimes requires hospitalization to monitor the child’s oxygen levels and breathing.

What is Chronic Bronchitis?

Bronchitis that lasts three months or more, and with symptoms that return year after year, is called “chronic bronchitis.” Children who are exposed to tobacco smoke or other pollutants in the air are more likely to develop acute or chronic bronchitis. Sometimes a child with untreated asthma will have a chronic cough and mistakenly be diagnosed as having chronic bronchitis.

In addition, sinus infections can be confused with bronchitis. Sinus infections often cause a thick postnasal discharge; this can trigger a chronic cough as the child tries to clear the throat of mucus draining from the sinuses.

Treatment and Prevention of Bronchitis

Bronchitis in children is usually mild and resolves on its own within 7-14 days. Extra rest and fluids can help. Antibiotics usually are not helpful because bronchitis in young children is caused by viruses about 90 percent of the time. Antibiotics treat bacterial infections, not viruses.

Only a health care provider should decide when antibiotics are necessary and useful. If used improperly or overused, antibiotic resistance develops, which means the bacteria become even harder to kill.. (continued on page 10)

**Month of:**

Bingo's Birthday
 Identity Theft Prevention
 Choose a Summer Camp
 Write a Business Plan
 Nat'l Tie Month
 Safe Toys/Gifts
 Spiritual Literacy
 Universal Human Rights

Weekly:

Tolerance Week 1-7
 Recipe Greetings 1-8
 Operation Santa Paws 1-22
 Nat'l Handwashing
 Awareness 7-13
 Human Rights 10-17
 Gluten-free Baking 14-20
 Las Posadas 16-24
 Chanukah (Hanukkah) 22-29
 It's About Time 25-31
 Kwanzaa 26 - Jan 1

Days:

Day With(out) Art 1
 Int'l Abolition of Slavery 2
 Special Kids Day 3
 Nat'l Dice Day 4
 Bathtub Party 5
 Miner's Day 6
 Nat'l Cotton Candy 7
 Poinsetta Day 12
 Day of the Horse 13
 Cat Herder's Day 15
 Barbie/Barnie Backlash 16
 Chocolate Anything-covered 16
 Wright Brothers 17
 Underdog Day 19
 Sacagawea 20
 Hanukkah 21
 Humbug Day 21
 A'Phabet or no "L" Day 25
 Christmas 25
 Nat'l Candy Cane 26
 Nat'l Whiner's 26
 Tick Tock Day 29
 No Interruptions Day 31
 New Years Eve 31



Other Trainings:

Adams County Association of FCC:

Meetings usually held at the Thornton Civic Center, 9500 Civic Center Drive, I-25 & Thornton Pkwy. Contact: Melinda Kurgorn 303-280-4607. Snacks and refreshments at 6:30 pm with social time before workshop.

Arapahoe County FCCA:

Meets the 2nd & 3rd Tues of the month. @2nd Tues mtg. place is the Koelbel Library in Centennial. The 3rd Tues meeting place is the Medical Center of Aurora So. Campus. Contact Patty at 303-745-6558

Boulder County Family Child Care Assoc:

Meets the 2nd Tuesday of the month from 6:30-8:45pm at 1950 Mountain View, Longmont (Matisse Room). Contact Sue Stevens at 303-666-8774 .

Broomfield Child Care Association

Meets monthly on the 2nd Tuesday of every month 6:30-8:30pm at First Baptist Church, 90 Emerald St., Broomfield. Contact Cathy at (303) 451-7453

Colorado Assoc. of Family Child Care

Meets at the Bear Valley Church, 10001 West Jewell Avenue, Lakewood from 9-12. 2009 Dates: Jan 24—1.5 hrs "Facilitating Bonding with Infants & Toddlers." Contact, Tricia 303-914-8687.

Denver Association of Family Child Care

Meets the 2nd Thursday of each month at the Salem United Church of Christ, 5300 E. Florida from 7:00—9:00 p.m. Jan 8: Tax workshop by Pam Ortega. Price for workshop/meeting without membership card is \$5. Contact Betty 303-758-1289

Douglas County Child Care Association

Meeting dates and locations vary per month. Please call Paula (720)344-2931 or Shelley (303) 346-9779 for monthly information.

Jefferson County Child Care Association

Meetings are held at the Clements Community Center, 1580 Yarrow Street in Lakewood from 6:45—9:00 p.m. Bring a dish if you wish to join the potluck meal. No children, breastfeeding infants only.

NE Denver Child Care Network

Meets the last Monday of the month at Environmental Tech Institute, 11801 E. 33rd Ave, Unit C, Denver 7-9 pm. Contact Emma at 303-618-9887 for more information.

Child Care Innovations

www.rccc.edu/childcareinnovations

Conferences:**Child Care Educational Opportunities**

Saturday, February 21, 2009
 The Art of Caring Conference
 Cost \$45. 7:30 am - 12:45 pm
 8 credit hours

- 4 hours correspondence
 - 4 hours in classroom
- Contact: 303-469-5596

Jefferson County FCCA, 303-969-8772

Saturday, March 7, 2009 -
 "What It Takes" Conference
 Featured Speaker: Bev Boss

See the CAFCC State Representative Report on page 1 for more conferences and trainings.

Correspondence Courses

ACE-Alternative Cont. Ed. 720-436-9367
 Wildwood-www.Wildwoodkidstuff.com
 800-539-9453

CARE Course-www.carecourse.com
 800-685-7610

Advanced Care—303-384-3696

Learning Bug—Sue Cometto 303-460-1954
 Childcare Educational Opportunities—Judy Eggleston 303-469-5596

Online Courses

www.caregovernetwork.org

If you would like your association's training schedule listed here, please email your event information to drhods@comcast.net.



Month of:

- Book Blitz
- Celebrate Life
- Family Fit Lifestyle
- Get Organized
- Int'l Creativity
- Nat'l Skating
- Oatmeal Month

Weekly:

- Celebration of Life 1-7
- Someday We'll Laugh About This Week 2-5
- New Year Resolutions 4-10
- Elvis Presley 8-11
- Universal Letter Writing 8-14
- Cuckoo Dancing 11-17
- Kid Film Week 12-25
- Slam Dance Week 15-28
- Nat'l Fresh Squeezed Juice Week 18-23
- No Name Calling 21-25

Days:

- Saint Basil's Day 1
- New Years 1
- Fruitcake Toss 3
- Trivia Day 4
- World Braille Day 4
- Bird Day 5
- Three Kings Day 6
- Midwife/Women's Day 8
- Positively Penguins 10
- Organize Your Home 12
- Appreciate a Dragon 16
- Bald Eagle Apprec. 16-18
- Kid Inventors' Day 17
- Do Dah Parade 18
- Pooh (Winnie The) 18
- Martin Luther King 19
- Camcorder 20
- Inauguration 20
- Nat'l Hugging Day 21
- Nat'l Handwriting 23
- Nat'l Pie Day 23
- Belly Laugh 24
- Nat'l Compliment 25
- Chinese New Year 26
- Bubble Wrap Apprec. 26
- Nat'l Speak Up 27
- Inspire Heart with Art 31

MEDICATION ADMINISTRATION COURSES

Held at St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015, from 8:00 a.m.—1:00 p.m. Limited to 15 students per class. Cost \$40 per person. If the class you're scheduled for is cancelled, you will be notified if you have supplied us with your telephone number. There is a \$30.00 charge on all returned checks. Certificates are held for 3 weeks until check clears the bank. All classes are non-refundable.

No refunds.
Purchase classes online at www.caregivernetwork.org

Call 720-870-1161

2009 classes:

- January 10
- February 14



Medication Forms Online:
www.caregivernetwork.org/8

UNIVERSAL PRECAUTIONS

Held at St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015, from 1:15 p.m. - 2:45 p.m.

2009 classes:

- December 13
- January 10
- February 14

Only \$15 per person

Contact Dawn after 3:30 pm at 303-690-7684

FIRST AID & CPR COURSES

St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015 from 8:45 a.m.—4:00 p.m.

is to pay online with debit/credit card.

Contact Jay 303-690-8267

2009 Dates:

- January 17
- February 21
- March 21
- April 18

All of our classes are **non-refundable.** If the class is cancelled and you've provided your telephone number, you will be called.

Cost \$40.00



Certificate hold of 3 weeks until check clears. Preferred method of payment

Pre-Licensing Training Course

ACGN offers pre-licensing toward opening a family childcare home license. If you know of anyone starting a child care, have them call 303-690-7684. \$70. Courses are 2 days/15 hours total on the following dates:

2009 classes:

- Jan 24 & Feb 7
- Feb 28 & Mar 7

PRESCHOOL PLANNING CLUB

Join us for fun and a minimum of 1 hour credit in the area of Early Childhood Education at Dawn's home, 5543 S. Himalaya Way, Centennial, CO 80015 at 7:00 p.m. Many curriculum resources available in the library. Cost: \$3.00 per person.

2008 Dates:

- December 10

2009 Dates:

- January 7
- February 11

RSVP after 3 pm to Dawn at 303-690-7684



Children's X-Mas Carols

A teacher in Atlanta asked her students to write the words to their favorite Christmas Carols. Here are some of the humorous lines she received:

- Deck the Halls with Buddy Holly
- We three kings of porridge and tar
- On the first day of Christmas my tulip gave to me
- Later on we'll perspire, as we dream by the fire.
- He's makin a list, chicken and rice.
- Noel. Noel, Barney's the king of Israel.
- With the jelly toast proclaim
- Olive, the other reindeer. (all of the other reindeer)
- Frosty the Snowman is a ferret elf, I say
- Sleep in heavenly peas

- In the meadow we can build a snowman,
Then pretend that he is sparse and brown
- You'll go down in listerine
- Oh, what fun it is to ride with one horse,
soap and hay
- O come, froggy faithful
- You'll tell Carol, "Be a skunk, I require"



One Liner

Little Girl to her friend: "I'm never having kids. I hear they take nine months to download."



We're on the Web...
caregivernetwork.org



Bronchitis (Continued From Page 7)

Over-the-counter cough and cold medicines should only be used under the direction of a health care provider. There are serious safety concerns regarding the use and misuse of these types of medicines in young children. As a result, cold and cough medicine makers have removed the medications specifically meant for the youngest children from stores.

If the child's cough does not improve within a few days, a health care provider should be contacted. If the child develops other symptoms such as a high fever, rapid or difficult breathing, or chest pain, the child should be seen by a physician.

These symptoms could mean that a more serious illness has developed, possibly including pneumonia. Most cases of bronchitis clear up on their own. If a child seems to have repeated bouts of bronchitis, the health care provider should be contacted.

Here are some steps to assist the child recovering from bronchitis:

- Be sure the child has plenty of rest and fluids. Proper nutrition is also very important.
- If a child is having a coughing spasm, offer warm, not hot fluids. Temporarily limit fluids that increase mucus production, such as milk.
- Avoid use of cough drops in young children. They can be a choking hazard, and some contain medication.
- Humidification may help ease the child's cough if the air is very dry. However, cool mist humidifiers must be cleaned daily to avoid mold build-up. Follow manufacturers instructions for cleaning and sanitizing.
- If the child develops a high fever, has difficulty breathing, is wheezing or complains of chest pain, contact the parent immediately. If the child's cough is not improving, alert the parent or caregiver. Children should never be exposed to tobacco smoke. Avoid letting children out of doors on days with high outdoor pollutant levels.

Elaine Abrams


Certified Health Educator and Community Health Coordinator, Nursing & Home Care, Norwalk, CT

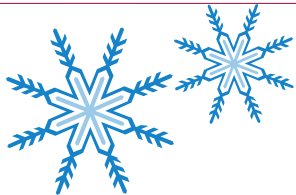
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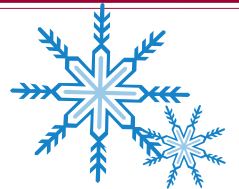
DECEMBER 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Preschool Planning Club — page 9	11	12 Storytime— RSVP, page 4	13 Universal Precautions— page 9
14	15	16	17	18	19	20
21 Happy Hannukah	22	23	24	25 Merry Christmas	26 Kwanzaa	27
28	29	30	31			



JANUARY 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Happy New Year	2	3
4	5	6	7 Preschool Planning Club — page 9	8	9	10 Medication Administration & UP—page 9
11	12	13	14	15 Workshop— Taxes, page 3	16	17 First Aid & CPR — page 9
18	19	20	21 Martin Luther King	22	23	24 Prelicensing — page 9 & CAFCC meeting
25	26 Chinese New Year	27	28	29	30	31



A Caregiver Network

P.O. Box 460861
Aurora, CO 80046-0861



Supporting All Early Childhood Professionals

Phone: 720-870-1161

Bronchitis Resources (Continued from page 10)

Internet Resources

California Child Care Health Program, printable fact sheet,
www.ucsfchildcarehealth.org/pdfs/factsheets/bronchpneumen011804.pdf
Children's Hospital of Boston, www.childrenshospital.org/az/Site561/mainpageS561P0.html
Child and Youth Health, type in 'bronchitis' in the search window,
www.cyh.com
Mayo Clinic, www.mayoclinic.com/health/bronchitis/DS00031

Source: <http://www.healthychild.net>

Substitute Care Providers:
Becky—720-870-2185
Cherish —303-521-2586

**Happy
Holidays**



*Call Maria with your
openings!
720-870-1161
mariaconrad@comcast.net*