

MAIL TO: A
CAREGIVER
NETWORK, P.O.
BOX 460861,
AURORA, CO
80046-0861

A Caregiver Network is a nonprofit member organization founded for the purpose of offering support and training to all childcare professionals. Our membership is comprised of family home childcare providers, center owners/employees, nannies, parents and advocates. We believe that both a strong support foundation and continuing education lead to the development of Quality Child Care Professionals.

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A CareGiver Network

Volume 1, Issue 1

January/February 2005

President's Message

The Executive Board of the Caregiver Network hope you had a wonderful Holiday Season and we wish you and yours a very Happy New Year.

We are working on many new and exciting things for this new year. I hope you will be open to try new experiences as we offer them to you. The Board is always open to suggestion for workshops or events. If you ever have an idea, please feel free to share it with us. If we can make it happen, we will.

I can hardly believe that it is 2005 already. Time flies so quickly that I hope you remember to take the time to give extra hugs to your children and to the children you care for. They grow up so quickly.

Colorado Hosts National Child Care Conference



National Association for Family Child Care
15th National Conference

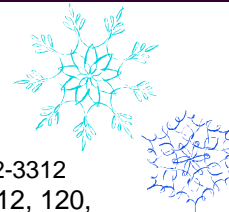
Pre-Conference: July 27 - 28, 2005
Conference: July 29 - 30, 2005

Marriott Denver Tech Center
4900 South Syracuse Street
Denver, Colorado 80237

www.nafcc.org/conf2005.html



Telephone & Email Contact Page



Executive Board Members

President, **Mary I.** 303-699-2681
 Vice President, **Open**
 CAFCC State Representatives:
Linda K. 303-680-5711
Open
 CAFCC Alternate State Reps:
Tonie R. 303-766-8811
Open
 Education Coord., **Tonie R.** 303-766-8811
 Fundraising Coordinator, **Open**
 Membership, **Jay S.** 303-690-8267
 Newsletter Editor, drhods@comcast.net
Dawn R. 303-690-7684
 Referral Coord. mariaconrad@comcast.net
Maria C. 303-690-5836
 Secretary, **Sandy C.** 303-838-2184
 Spanish Referrals, **Alma** 303-344-9596
 Treasurer, **Karen G.** 303-368-8945

Committee Positions:

CPR/First Aid, **Jay S.** 303-690-8267
 Fieldtrips/Events, **Mary** 303-699-2681
 Lending Librarian:
 Publications, **Dawn** 303-690-7684
 Toys & Equipment, **Terri** 303-322-5222
 Medication Course, **Maria** 303-690-5836
 Phone Tree, **Tonie** 303-766-8811
 Universal Prec., **Dawn** 303-690-7684

Human Services, Division of Childcare:

Main Number 303-866-5958
 Terry Santee 303-866-5943
 Dana Andrews 303-866-5946
 Susan Conley 303-866-5941
 Arapahoe County Main # 303-636-1100
 Arapahoe County Crisis # 303-636-1750

Licensing Specialists: Front Range

Main Number 303-352-3330
 Fax Line 303-352-3334
 Director of Licensing, Rosemarie Allen
 303-352-3331
 Assistant Director, Janet Campbell
 303-352-3332

Caseworkers: Front Range

Trisha Swinton 303-556-3313
 80010, 11, 12, 13, 14, 80111 & 80222

Kathi Wagoner 303-352-3312
 80015, 17, 18, 80110 112, 120,
 121, 122, 123

Denver Child Care Licensing:

Main Number 303-285-4075

Food Programs:

A Child's Choice 303-627-9207
 Child Care Sponsors 303-745-1358
 Kid's Nutrition 303-987-4852
 Wildwood 303-730-0460

County Referrals:

A CareGiver Network 720-870-1161
 Adams 303-451-1061
 Arapahoe 303-246-5146
 Boulder 303-494-0404
 Broomfield 303-460-9490
 Denver 303-750-1062
 North Denver 303-371-7650
 Douglas/Elbert 303-841-7718
 Jefferson 303-969-8772
 Longmont 303-651-1539
 Lafayette 303-828-4617

Resource Agencies:

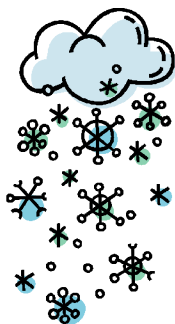
Corra, www.corra.org 303-290-9088
 Metro Denver R&R 303-969-9666
 Families First 303-745-0327
 Family Support Line: 303-695-7996
 Family Resources 303-969-9500
 Care Connection 303-604-0030
 Colo. Childcare Assoc. 303-860-7174
 CAFCC 303-450-7297
www.coloradochildcare.com
 CAEYC, 303-791-2772
www.coloradoaeyc.org

Education: 303-766-8811

CPR/First Aid 303-690-8267
 Hurried Provider Training Solutions
Mary Ingleby 303-699-2681
 Medication Course 303-690-5836
 Universal Precautions 303-690-7684
 OnlineCourses www.caregivernetwork.org

Miscellaneous

Colorado Department of Health
 Immunization cards 303-692-2650
 CCA, ECE Resource Ctr 303-340-7053



ACGN 2005 Grant

The Caregiver Network has been given a grant of \$1000 from Metro Denver Family Resources and Referral System. We will allocate a total of \$500.00 to be used for National Accreditation, Educare Rating and college coursework. \$300.00 will be allotted for scholarships for in-state or national conferences. \$200.00 will be used for speaker fees. We have to use the money we received by June 30th.

The money will be split evenly between those who apply for the money by the application deadlines. Eligibility criteria below. If you have any questions feel free to call Mary 303-699-2681.

Name: _____
 Address: _____
 City: _____ Zip _____ Phone: _____

Which type of quality improvement are you seeking?

Professional Development / Credentials — [Deadline: January 31, 2005]:

- NAFCC Accreditation
- Colorado Child Care Credential
- Educare Rating
- College Coursework

Conference Scholarships — [Deadline: May 30, 2005]:

- In-state Conference
 Sponsoring Organization: _____
 Conference Date: _____
- Out-of-state Conference
 Sponsoring Organization: _____
 Conference Date: _____



When are you seeking this improvement? _____

Give us a brief description of your child care business. (i.e. how long have you been in business, type of license held, why you started in this business.)

Grant/Scholarship requirements: Grantee is responsible to obtain or provide remaining funding for their grant/scholarship request and mail proof of full payment to A CareGiver Network by October 1st, 2005 at P.O. Box 460861, Aurora, CO 80046-0861. Must be a current member of A CareGiver Network at the time of application and issuance of funds. Must have followed all requirements of previous grants/scholarships distributed by A CareGiver Network. May apply for either professional development/credential or conference scholarship on the ACGN 2005 Grant, but not both. Limit one application per member. Grant requests must be postmarked on or before deadline date. Application form must be dated and signed. **I have read and will abide by these Grant/scholarship requirements.**

 Applicant's Signature

 Date

Mail to: Scholarship Committee, A CareGiver Network, P.O. Box 460861, Aurora, CO 80046-0861.

Educational & Networking Meetings



January 20, 2005, 7:00 p.m.

2004 Tax laws

1 hr of Professionalism

Judy's Tax Service

Judy will be going over all the new rules for the 2004 tax year

February 17, 2005, 7:00 p.m.

Insurance requirements for in home child care

1 hr of professionalism

Jody Roberts from State Farm Insurance

Jody will be going over the required insurance that is needed to have an in home child care.

March 17, 2005, 7:00 p.m.

Make and Take Sensory Tables

You will receive the instruction and pieces you need to make your own sensory table. Cost \$25. Must prepay by March 10, 2005 to CareGiver Network, P.O. Box 460861, Aurora, CO 80046-0861. Registration form page 12. This class limited to the first 30 people who register and pay.

Directions to the Fire Station: Coming from Chambers & Hampden: go to Iliff take a left, or go west, on Iliff. When you cross Peoria you need to be in the middle lane because the right-hand lane will end. After the next light there will be a brick or rock wall. You will turn right when the wall ends and that will be Joliet. The fire station will be on your left. Turn left into the parking lot and park by the glass wall. The meeting room is right inside.

More Training Opportunities

Page 5:
Showcase of Homes

Page 9:
Preschool
Planning Club
CAFCC trainings

Page 12:
Sensory Tables
Registration Form

www.caregivernetwork.org/cart.htm
Online Training
Courses



Sample, yours may vary.

Make and Take Sensory Tables - Registration Form Page 12

A Caregiver Network on March 17th, 2005, we will be hosting a make and take workshop. You will receive the pieces to put together a sensory table for your child care. Construct your own table that you will take home that night. Sensory tables typically sell for \$80-\$200 commercially. This class will provide the materials and instructions for \$25.00 per table, includes a bin with a top to get you started. Don't let this great opportunity pass you by! Space is limited and advanced payment is required to insure adequate materials. Please send your prepayment and registration to Caregiver Network PO Box 460861 Aurora, CO 80046-0861 no later than March 10, 2005. Class is limited to 30 people.

Caregiver Network Provider's Showcase of Homes

Hold this date — April 30th, 2005.

We will have a Caregiver Network Provider's Showcase of Homes. This will give child care providers an opportunity to see how others have set up their environment. You will get some great ideas to take home and implement in your

facility.

We are seeking a committee to help with the event and for homes to be showcased. If you would be interested in helping on this committee, please call Mary at 303-699-2681.



Automobile Insurance

Does your auto insurance cover the trips you take with your childcare children? 10 years ago, insurance underwriters told us that family childcare providers could be covered under "incidental use" using their personal vehicle, but other uses require a commercial policy which costs 3 times the price. We were told "incidental use" covers fieldtrips (library, parks, lunch out, etc.) and up to two trips a week delivering children to/from school unless our personal children went to that school also. Then all those school trips fell under incidental use.

Last summer I had a wheelchair lift installed and wanted it covered in my policy. To make a long story short, the underwriter decided to make my policy non-renewable, I needed a \$3,000 a year commercial policy, filed a dispute with the Insurance Commission, and got my policy reinstated. During this time I found out that 12-15 passenger vans used for childcare seemed to be targeted and agents calls are up. I'll be forwarding information to CAFCC to assist providers having similar problems. Feel free to call me at 303-690-7684.

Dawn Rhods



2005 Conferences

CAEYC Conferences:

April 15 & 16, 2005

September 24th, 2005

www.coloradoaeyc.org/conferences.htm

National Conferences:

Jan 23-27—Greensboro, NC—Smart Start

Feb 27-Mar 1 — Washington, DC

National Hunger

Mar 1-5 — Washington, DC—NACCRA

Mar 9-11 — Washington, DC

Child Welfare League of Amer.

Mar 13-20 — Orlando, FL—NCCA

Mar 24-27 — Orlando, FL—Head Start

May 4-7—Clearwater Beach, FL

Nat'l Training Institute

Jul 27-30 — Denver, CO—NAFCC

Oct 16-18 — Orlando, FL

Nat'l Black Child Development

Nov 4-6 — Washington, DC— 0 to 3

Dec 7-10 — Washington, DC—NAEYC

Source: www.naccrra.net/conferences/cc_conference_calendar.php



Referral Report



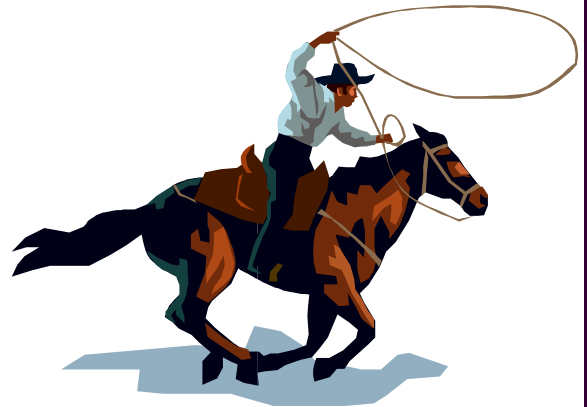
November Referrals;

45 phone call requests
50 email requests
95 total

80011	2
80012	3
80013	3
80015	3
80016	1
80231	1



13 referrals given out, all others referred to other counties and agencies.



CPR & First Aid Courses



Courses are held at the Medical Center Aurora South, 1501 S. Potomac from 8:45 a.m. – 3:00 p.m. ay 303-690-8267.

Purchase your course online at www.caregivernetwork.org/cart.htm or get a registration form from Jay at 303-690-8267.

January 15
February 19
March 19

CPR—8:45 a.m.—12:30 p.m. \$30
First Aid — 12:30—3:00 p.m. \$30

Take Both First Aid & CPR for only \$35.

Need First Aid & CPR?

Medication Administration Courses



All classes will be held at the Medical Center Aurora South, 1501 S. Potomac from 8:45 a.m.–3:00 p.m. Call Maria at 303-690-5836. Cost \$30. Space limited. No refunds.

January 8
February 12
March 12

Purchase your course online at www.caregivernetwork.org/cart.htm

Renew every 3 years.....



Universal Precautions Courses

All classes will be held at the Medical Center Aurora South, 1501 S. Potomac from 1:45 p.m.–3:15 p.m. Dawn 303-690-7684. Cost \$15.

January 8, 2005
February 5
March 5

Purchase your course online at www.caregivernetwork.org/cart.htm.
Get a registration form from Dawn at 303-690-7684.

**Must Renew Every
3 Years.**

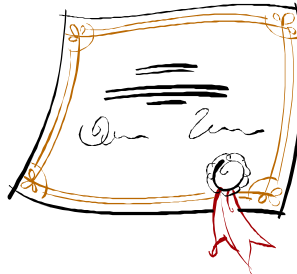


Pre-Licensing Training Courses

Pre-Licensing Training is held at the Medical Center Aurora South the first two Saturdays of each month except December. Register with Dawn, 303-690-7684.

January 8th & 9th, 2005
February 5th & 12th
March 5th & 12th

Classes begin at 8:45 a.m. and end at 5:00 p.m. and require completion of a three-hour homework assignment.



TURN BACK TIME.

Clear. Smooth. Radiant skin. The TimeWise® system delivers anti-aging benefits you can see and feel. Call me today to try TimeWise® products for free!

Shana Young

Mary Kay Independent
Beauty Consultant

www.marykay.com/Shontella
303-587-5911

Colorado Child Care Credential

Want to apply for a credential for your childcare setting? When the Colorado Smart Start is completely set up, CCCAP rates may be tied to the quality of your child care home. Your local, state or national accreditation, including an Educare rating if you have one, will be a factor in your CCCAP income.

For more information, please call

Sudy Opsahl of the Colorado Department of Education.

Sudy Opsahl
Colorado Department of Education
3607 Martin Luther King Blvd.
Denver CO 80205
303-333-6017

sudy.opsahl@ccd.edu



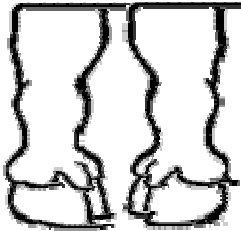
Preschool Activities

National Stock Show & Rodeo Time



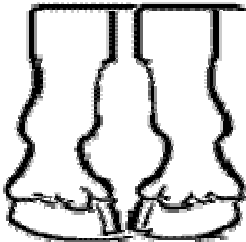
Toilet Paper Roll Bull

Cut out a rectangle 4 1/2" x 5" out of construction paper or have the children paint the toilet paper tube the day before.

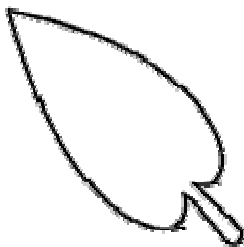
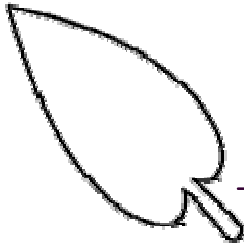
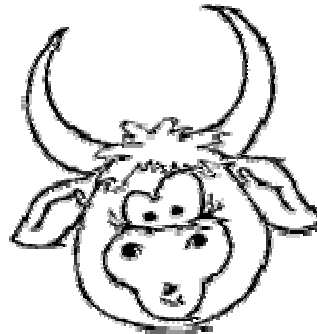


Color and cut out the template pieces.

Glue the large rectangular piece on first to cover the tube.

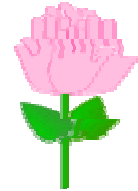


Glue on the head, tail and legs. We put him together as if he was, but let the children choose whether he should sit or stand.



Flower stem and leaf templates for craft.

Family or Unity Flower



Trace child's handprint onto a piece of construction paper.

Repeat 3 more times OR place 3 blank sheets of construction paper underneath and cut out all four at once.

Glue hand together to make flower.

Color and cut out stem and leaves.

Glue stem and leaves to finish flower.

Source: <http://www.first-school.ws/>

Variation: Have each child paint their handprint onto 4 sheets of paper. Cut out their painted handprints to use for the flower.

Membership Information

Did you know you could renew your membership online? This option lets you pay by credit card or via your PayPal account if you have one.

www.caregivernetwork.org/cart.htm

Did you know it is a free membership benefit to link your child care website to the Caregiver Network website. If you have online service, you have access to free webpage; i.e. AOL, Comcast, MSN, netscape, etc. Once you've made your website, email your web address to drhods@comcast.net.

Have you changed your:

- ⇒ Name?
- ⇒ Address?
- ⇒ Telephone or Fax Number?
- ⇒ Email Address?

If so, please contact Jay with your new information at 303-690-8267 or via email at jayskinn@comcast.net.

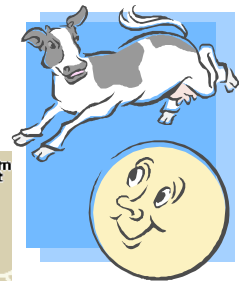
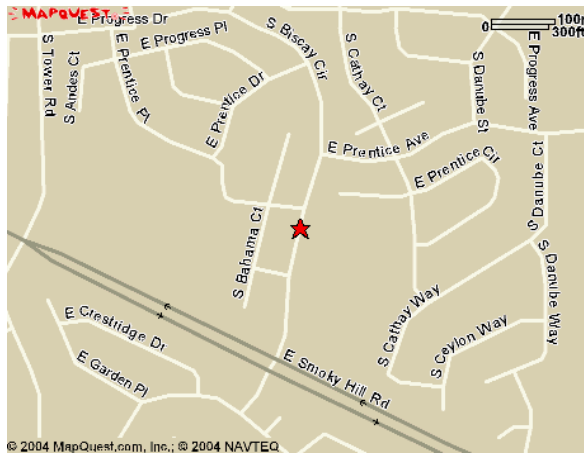
If you have childcare openings, please call Maria each month at 303-690-5836 so she can refer your name out.

Storytime Sessions

Join us each month for story time with Susan Oakes, recipient of a national award in literacy, followed by group activities. Space limited, must RSVP. Held at the Smoky Hill Library at:

5430 S. Biscay Circle,
Meeting Room B,
Centennial, CO from
9:45-10:30 a.m.
◇ January 21
◇ February 18

Must R.S.V.P. — 303-690-7684.



Preschool Planning Club

Join us for fun and minimum 1 hour credit toward your license renewal in the area of Early Childhood Education at Dawn's home, 5543 S. Himalaya Way, Centennial, from 7:00 – 8:30 p.m. approximately.

January 19, 2005
February 16
March 16

Cost: \$3.00 copy fees (optional)

Must R.S.V.P. and pay copy fee to receive a copy of preschool curriculum at 303-690-7684.



Design Your Own
Preschool Curriculum
**Design Your Own
Preschool Curriculum
For Next Month!!!**

CAFCC State News

☑ Free Infant/Toddler classes are being offered by Dana Damm 970-945-7121 or via email at dammouse@cromsonwireless.com and Artie Mae Grisby 303-371-6750, Chanda Kerrwind 303-428-6477, Dottie Jeffers 303-778-6070 or Mary Banuam 303-794-0359. Dates: 7/28-7/30, 2005.

☑ The NAFCC Conference will be held at the Denver Marriott Tech Center in 2005.
☑ CAFCC's Spring Mini-conference is March 12th.
☑ If you are a state member, they offer a sideline business column in their statewide newsletter that you can advertise in for free. Tonie



JANUARY 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 P-L
2	3	4	5	6	7	8 Meds/U.P. P-L
9	10	11	12	13	14	15 CPR/FA
16	17	18	19 Preschool Planning	20 Tax Workshop	21 Storytime RSVP	22
23	24	25	26	27	28	29
30	31 Grant Deadline					

FEBRUARY 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 P-L
6	7	8	9	10	11	12 Meds/ U.P., P-L
13	14	15	16 Preschool Planning	17 Insurance Workshop	18 Storytime RSVP	19 CPR/FA
20	21	22	23	24	25	26
27	28					



Do Your Fire Extinguishers Work?

Fire Safety Services Can Help! Just Call 303-915-2841 For Service

Here are three good reasons to choose Fire Safety Services as your preferred vendor:

#1: Fire Safety Services is dedicated to total customer satisfaction.

- Specializing in fire extinguisher, exit sign and emergency lighting services, we consistently provide the highest level of customer service possible. We take pride in establishing long-term relationships with our clients to help keep them safe and our prices affordable.

#2: We will help you and your business stay safe and up to date.

- According to Local and National Fire Life Safety Codes, the portable fire extinguishers for your business must be serviced and maintained every year. At Fire Safety Services, we keep track of your specific equipment and due dates. So now you don't have to worry *if* and *when* your fire extinguishers need servicing—we do it for you!

#3: Fire Safety Services is proud to be locally owned and operated.

- We are locally owned and operated in the city of Aurora. In fact, Owner and Founder, Jeff Hopkins, is a former Sr. Fire Inspector with the Aurora Fire Department. Our experience and location will guarantee your business the fastest and most dependable service available.

"Fire Safety Services ensures safety and satisfaction, bringing our customers peace of mind—I personally guarantee it."

*Jeff M. Hopkins,
Owner & Founder*

We Offer Many Fire and Life Safety Services

- *Fire Extinguisher Service and Sales*
- *Exit Sign Service and Sales*
- *Emergency Lighting Service and Sales*
- *Fire Life Safety Products and Supplies*
- *Fire Warden, Evacuation and Extinguisher Training*
- *Fire Alarm Services*
- *Fire Sprinkler Services*
- *Kitchen Hood Suppression Systems*
- *Computer Room Suppression Systems*
- *Paint Booth Suppression Systems*
- *Fire Code Consulting*



Fire Safety Services

Customer Appreciation Discount Coupon

This coupon extends a one-time 15% discount on any fire extinguisher, exit sign, and emergency lighting products and services, as well as, fire extinguisher training.

**15%
Discount**

Just Call

303-915-2841

or email us at

*FireSafetyServices@comcast.net
to take advantage of this
limited time offer.*

We're on the Web!
www.caregivernetwork.org

**Deadline
March 10
2005**

**Limited
to 30
people**

The link that connects all childcare professionals

MAKE & TAKE SENSORY TABLE

Date: 03/17/05

Time: 7:00 p.m.

Cost: \$25 per table

Name _____

Telephone _____

of tables ordered _____
X \$25.00

Total amount sent = _____

**WORKSHOP
REGISTRATION
FORM**

Mail to: A CareGiver Network, P.O. Box 460861, Aurora, CO 80046-0861



**MAIL TO: A
CAREGIVER
NETWORK, P.O. BOX
460861, AURORA, CO
80046-0861**

P.O. Box 460861
Aurora, CO 80046-0861

Phone: 720-870-1161

E-mail:
info@caregivernetwork.com

