



A CAREGIVER NETWORK

INSIDE THIS ISSUE:

Advertisements	3
Advertising Rates	4
Articles	
- CAFCC Report	6
- Recalls	8
- Preschool Snack Ideas	10
- WOYC Flyer	7
Calendar	9
Education	
- ACGN Workshops	3
- First Aid/CPR	4
- Medication Admin.	4
- Other Training	5
- Pre-licensing Course	4
- Preschool Planning	4
- Universal Precautions	4
Humor Me	8
Monthly Themes	8
Preschool Activities	10
Presidents Message	1
Recalls	8
Story time	6
Telephone Listing	2



PRESIDENT'S MESSAGE

Dear Members,

We just had our meeting with Rosemarie Allen. She is the Director of the Colorado Division of Child Care for Human Services. We have shared with her the outcome from the Forum we held in February. She was very receptive to our suggestions on what we as a group would like to see as a ideal home supervisory visit. She informed us that the pre-visit letter with the check off list for what the Licensing Specialist will be looking for will be a required paperwork and she plans on making it be a 30 day notice vs the 6 weeks to 90 days for she understands how nerve wracking it is to receive it and wait for them to visit. She told us of plans to have our Licensing Specialists to first notice the quality within a home with a checklist of quality indicators from Qualistar and the FDCRS rating scale this will be in conjunction with the rules and regulations that they already enforce. This will hopefully help them see what we do on a regular basis that makes us who we are. This is intended to increase their awareness of what we do and give them a place to dialog from to increase our supervisory visits experience to the more positive side.

We believe the final reading of the proposed rules and regulations will be soon. If you have strong opinions on rules that you saw and desired them changed, you need to have your voice heard. The hearing will be during our working hours so you will need to line up substitute care for the time. We will send out notification as soon as we are notified. I hope you will take this very serious because this is your last chance to get anything changed before it is passed into law.

Summertime is upon us and we are excited to get out and do more fun activities with the children. Enjoy! Mary

TELEPHONE & EMAIL CONTACTS



Executive Board Members

President, Mary I., mllambs@aol.com 303-699-2681
 Vice President, Dottie T. 303-766-0949
 CAFCC State Representatives:
 Dawn R., 303-690-7684
 Gretchen D. 303-991-2220
 Education Coordinator, Judy B. 303-766-9706
 Fundraising Coordinator, Open
 Membership, Jay S., jayskinn@comcast.net 303-690-8267
 Newsletter, Deanna S. 720-309-6846
 dstolzenberger@comcast.net
 Referrals, Maria C., mariaconrad@comcast.net 303-690-5836
 Secretary, Lissa H., 303-693-4633
 Treasurer, Karen G., geyer20@comcast.net 303-368-8945

Committee Positions:

CPR/First Aid, Jay S. 303-690-8267
 Fieldtrips/Events, Mary I. 303-699-2681
 Librarian, Antonja H. 303-695-0175
 Medication Administration, Maria C. 303-690-5836
 Phone Tree, Angie 303-306-7151
 Story time, Mary I. 303-699-2681

Human Services, Division of Childcare:

Main Number 303-866-5958
 Dana Andrews 303-866-5946
 Susan Conley 303-866-5941

Licensing Specialists: Front Range Comm. College:

Main Number 303-404-5092
 Fax Line 303-352-3334
 Rosemarie Allen, Director of Licensing 303-404-5092
 Janet Campbell, Asst. Director 303-404-5707

Caseworkers: (extension #'s) 303-404-5597

Nicko Bettis x 3596 Tonya Estrada x 3616
 Stefani Kniss x 3168 Liz Miret x 3156
 Carin Rosa x 3572 Renee Russo x3162
 Lisa Straight x 3164 Trisha Swinton x3595
 Kathy Wagoner x 3171 Annester Taylor-Brown x 3591
 Keesha Minor x 3026
 Amy Wilson x 3152 or 970-330-8008 x 6547
 Henrietta Hehn—970-226-2500 x 8579
 Marlene McKenzie — 970-226-2500 x 2092
 Teresa Thompson — 970-249-1872

Denver Childcare Licensing 303-285-4075

Food Programs:

A Child's Choice 303-627-9207
 Child Care Sponsors 303-745-1358
 Kid's Nutrition 303-987-4852
 Wildwood 303-730-0460

Adjacent County Association Referrals:

A CareGiver Network 720-870-1161
 Adams 303-451-1061
 Arapahoe 303-246-5146
 Boulder 303-494-0404
 Broomfield 303-464-8307
 Denver 303-756-8901
 North Denver 303-371-7650
 Douglas/Elbert 303-841-7718
 Jefferson 303-969-8772
 Longmont 303-651-1539
 Lafayette 303-828-4617

Resource and Referral Agencies:

Qualistar, www.qualistar.org 303-290-9088
 Child Care Innovations 303-969-9666
 Families First 303-745-0327
 Family Support Line 303-695-7996
 Consejos Para Familias 1 866-527-3264
 Family Resources 303-969-9500
 Care Connection 303-604-0030
 Colorado Childcare Association 303-860-7174
 Colo. Assoc. of Family Childcare, www.coloradochildcare.com
 Colo. Assoc. for the Education of Young Children
 www.coloradoaeyc.org 303-791-2772

Education:

CPR/First Aid, Jay S. 303-690-8267
 Hurried Provider Training Solutions, Mary 303-699-2681
 Medication Administration, Maria C. 303-690-5836
 Pre-licensing Training, Dawn R. 303-690-7684
 Universal Precautions, Dawn R. 303-690-7684

Miscellaneous:

Arapahoe County Early Childhood Council 303-991-2220
 Colorado Dept. of Health (immunization cards) 303-692-2650
 ECE Resource Centers:
 Arapahoe Community College 303-797-5678
 Comm. College Aurora 303-340-7564

REGULAR MEMBERSHIP MEETINGS

NOTE: As of May 1, 2007, Home Child Care Providers will need 15 credit hours to renew their license and Experienced Providers will need 18.

⇒ **June 19, 7:00-8:30 pm**

⇒ **Using Super Foods to Prepare Nutritious Meals**

Speaker: Paula Pierce from A Child's Choice CCFP

Credit: 1.5

Location: Life Center of Aurora, 14101 E Evans,

Aurora 80014

Description: Paula will share which foods give more nutritional value over other similar foods. This will help us to overcome the effects of fast food and picky eaters as we try to balance out the nutritional values of the meals we serve to the children in our care.

NO MEETING FOR JULY!!!

ENJOY YOUR SUMMER!

HAVE SOME FUN IN THE SUN!!

REFERRAL INFORMATION

The referral inquiry information for the months of **April** and **May** are as follows All other calls were referred to other agencies or counties.)

April		May	
80010	2	80010	1
80011	4	80011	1
80012	1	80012	2
80013	6	80013	6
80014	1	80014	1
80015	3	80015	4
80016	3	80016	1
80017	2	80017	3
80018	4	80018	1
80121	2	80231	1
80226	3	80237	1
80231	1	80022	1
80237	1		

Other Training Opportunities

See page 8

**Substitute Care Provider:
Becky
720-870-2185**



**Call Maria with your
openings!
720-870-1161
mariaconrad@comcast.net**



ADVERTISING RATES

36 characters or Less

Member \$8 month
Non Member \$10 mo.

Business Card

Member \$16 mo.
Non Member \$20 mo.

Quarter Page

Member \$32 mo.
Non Member \$40 mo.

Half Page

Member \$48 mo.
Non Member \$60 mo.

Full Page or Flyer

Member \$80 mo.
Non Member \$100 mo.

All newsletters and flyers are printed on white paper with black ink. Advertisers who pay for a flyer insert may provide their own flyers at their own expense.

Advertisements should be print ready in a tiff, jpeg, bmp, gif or psp format.

Newsletters are printed bimonthly. Deadline for submissions are:

- January 15
- March 15
- May 15
- July 15
- September 15
- November 15

Please email your advertisement to newsletter@caregivernetwork.org

MEDICATION ADMINISTRATION COURSES

These courses are held at the Arapahoe County Early Childhood Council (ACECC), 6860 S. Yosemite Court, Suite 2000 Centennial, CO 80112, from 8:00 a.m.—1:00 p.m. Limited to 15 students per class. Cost \$35 per person. All classes are non-refundable. If the class you're scheduled for is cancelled, you will be notified if you have supplied us with your telephone number. There is a \$30.00

charge on all returned checks.

No refunds.

Purchase classes online at www.caregivernetwork.org

Call 720-870-1161

2008 Classes:

June 14 October 11
August 9 November 8

Medication Forms Online:

www.caregivernetwork.org/8

UNIVERSAL PRECAUTIONS

Arapahoe County Early Childhood Council (ACECC), 6860 S. Yosemite Court, Suite 2000 Centennial, CO 80112, from 1:15 p.m. - 2:45 p.m.

2008 Dates:

June 14 October 11
August 9 November 8

Only \$15 per person

FIRST AID & CPR COURSES

Arapahoe County Early Childhood Council (ACECC), 6860 S. Yosemite Court, Suite 2000 Centennial, CO 80112, from 8:45 a.m.—3:00 p.m.

Only \$35.00

2008 Dates:

	Sept 20
June 21	Oct 18
July 20	Nov 15
Aug 16	Nov 15

Pay online with debit/credit card or call Jay at 303-690-8267.

All classes non-refundable. If the class is cancelled and you've provided your telephone number, you will be called.



Pre-Licensing Training Course

ACGN offers pre-licensing toward opening a family childcare home license. If you know of anyone starting a child care, have them call 303-690-7684.

2008 classes:

July 12	Oct 4
Aug 2	Nov 1
Sep 6	

PRESCHOOL PLANNING CLUB

Join us for fun and a minimum of 1 hour credit in the area of Early Childhood Education at Dawn's home, 5543 S. Himalaya Way, Centennial, CO 80015 at 7:00 p.m.

Many curriculum resources available in the library.

\$3.00 fee for copies.

July 9	Aug 13
Sept 10	Oct 8
Nov 12	Dec 10



RSVP to Dawn 303-690-7684



Other Trainings:

Other Denver Area Organization Meetings/ Workshops:

Adams County Association of Family Child Care

Meetings are usually held at the Thornton Civic Center unless otherwise noted, 9500 Civic Center Drive. I-25 to Thornton Parkway. Then East on Thornton Parkway to the Civic Center. Turn and go north to the civic center building. Contact Natasha Heronema (303)484-8486 to verify location before attending. Snacks and refreshments at 6:30 pm with social time before the workshop begins.

Arapahoe County Family Child Care Association

Meets the 2nd & 3rd Tues of the month. @2nd Tues mtg place is the Castlewood Library in Centennial. The 3rd Tues meeting place is the Medical Center of Aurora So. Campus. For More information contact Patty at (303)745-6558

Boulder County Family Child Care Association:

.Meets the 2nd Tuesdays of the month from 6:30-8:45pm at 1950 Mountain View, Longmont (Matisse Room). Contact Sue Stevens at 303-666-8774 for information.

Broomfield Child Care Association

Meets monthly on the 2nd Tuesday of every month 6:30-8:30pm at First Baptist Church, 90 Emerald St., Broomfield. For more information contact Cathy at (303) 451-7453

Aug. 14, 2007 Topic: Collection Agency

Colorado Association of Family Child Care

Meets at the Calvary Presbyterian Church, 1420 S. Holly St., Denver on the 2nd Saturday of every month from 9-12.

Denver Association of Family Child Care

Meets the second Thursday of each month at the Salem United Church of Christ, 5300 E. Florida from 7:00—9:00 p.m. Child care available \$2/child. Price for workshop/meeting without membership card is \$5 Contact: Betty 303-758-1289

Douglas County Child Care Association

Meeting dates and locations vary per month. Please call Paula (720)344-2931 or Shelley (303) 346-9779 for monthly information.

Jefferson County Child Care Association

Meetings are held at the Clements Community Center, 1580 Yarrow Street in Lakewood from 6:45—9:00 p.m. Bring a dish if you wish to join the potluck meal. No children, breastfeeding infants only.

NE Denver Child Care Network

Meets the last Monday of the month at Environmental Tech Institute, 11801 E. 33rd Ave, Unit C, Denver 7-9 pm. Contact Emma at (303)618-9887 for more information.

Child Care Innovations

www.rccc.edu/childcareinnovations

Conferences:

Broomfield will host a conference “The Many Hats of the Provider” on September 13 from 7 am – 4:30 at the Adams County District 12 Conference Center with Keynote Speaker Tom Copeland. \$57 if registered by August 24 or \$67 thereafter. Contact Cathy at 303-451-7453.

Colorado Springs, contact Eudora 719-391-1227 or Laura 719-391-0639:

Conference featuring Jim Gill on October 11th. 6 hours credit.

Correspondence Courses

ACE—Alternative Continuing Education 720-436-9367

Wildwood—www.Wildwoodkidstuff.com 800-539-9453

CARE Course— www.carecourse.com 800-685-7610

Advanced Care—303-384-3696

The Learning Bug –Sue Cometto 303-460-1954

Childcare Educational Opportunities—Judy Eggleston
303-469-5596

If you would like your association’s training schedule listed here, please email your event information to dstolzenberger@comcast.net.

A CAREGIVER NETWORK is seeking providers who would be interested in showing off their child care home for us in the fall. Please contact Mary at mllambs@aol.com or 303-699-26681

SAVE THE DATE!

**APPRECIATION DINNER 2008
OCTOBER 16, 2008**

BOARD ELECTION TIME!

It is election time again. The Board of Directors are seeking anyone interested in expanding their horizons by volunteering on the Board to please submit their interest to Dottie Trimpe at 303-766-0949 or poohbearcare@comcast.net. The positions that are up for renewal are: President, Treasurer, Newsletter Editor, Education Coordinator, State Representative #1. Job descriptions are available upon request. We hope you will consider the opportunity to be a Board member as a positive growth experience and will give this serious contemplation. I look forward to hearing from many of you. - Dottie



FAMILY SUPPORT LINE

Remember the Family Support Line when you have a ticklish problem or difficulty with one of your children in child care. We're a great place to problem solve or to refer your parents for help with the concerns they have. Whatever the child's age, the Family Support Line of Families First (303-695-7996) can help. Available from 10:00 – 10:00 p.m., experienced volunteers provide a listening ear and offer support, information plus referrals to over 1100 community agencies. The Support Line is a great way to back you up.

Families First's support services include the Family Support Line, free Circle of Parents Support Groups, and Parent Education classes. A free children's program accompanies groups and classes. Our Spanish sSupport Line is CONSEJOS PARA FAMILIAS – 1-866-LAS-FAMILIAS (866-527-3264).

You're very significant in children's lives. We're there to make your job easier. Let us send you magnets or bookmarks with parenting tips to give to your parents. Asking for help is a sign of strength!

MUSIC CLASSES



Your kids will love our in-home music program! We will come to your home and teach a 30 minute music class that will educate and entertain through the use of rhythm instruments, puppets, fingerplays, action and movement and a lot of fun! Your kids will be taught basic musical concepts as well as a comprehensive pre-school curriculum! Invite your friends or other home day care providers to share in the fun and call: Marty @ 866-993-4141 for your FREE 1st-time class! The cost is \$33 per class. No contract, No time commitment and No expensive materials to buy!

STORYTIME SESSIONS

Join us for story time and a preschool activity. Space limited to 30 children. Held at the Smoky Hill Library at 5430 S. Biscay Circle, Meeting Room B, Centennial Colorado from 10:00 –11:00 a.m.

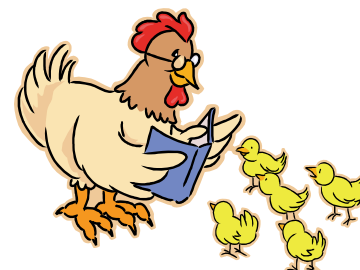
Dates:

July 11, Aug 15,
Sept 19, Oct 10,
Nov 14, Dec 12

LIMIT 30 Children

To attend story time with your children, you **MUST R.S.V.P.**

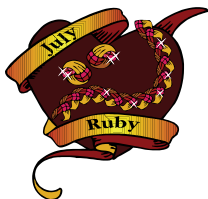
By contacting Mary Ingleby 303-699-2681 or by email mllambs@aol.com



Monthly Themes



Children's Awareness
Fireworks Safety
Learn French Month
National Candy Month
National Rose Month
Potty Training Awareness
National Sun Safety Week
Superman Week
Take A Kid Fishing Week
Hug Your Cat Day
Donut Day
World Environment Day
D-Day
Daniel Boone Day
Banana Split Day
Croquet Day
Raggedy Ann & Andy Day
Write to Your Father Day
Flag Day



Air-Conditioning Apprec.
Blueberries Month
Dog Days
Family Reunion Month
Nat'l Baked Bean Month
Nat'l Hot Dog Month
Make A Difference to
Children Month
Purposeful Parenting Mnth
Rabbit Week
I Forgot Day
Independence Day
Chocolate Day
Shark Awareness Day
Gummi Worm Day
Nat'l Ice Cream Day
Cow Appreciation Day
Cousins Day
Tell an Old Joke Day
Walk On Stilts Day
Nat'l Cowboy Day

Recalls

Kolcraft Recalls Play Yards After the Death of a 10-Month-Old Child

WASHINGTON, D.C. - In cooperation with the U.S. Consumer Product Safety Commission (CPSC), Kolcraft Enterprises Inc., of Chicago, Ill., is voluntarily recalling about 425,000 infant play yards following the death of a child.

CPSC received a report of a 10-month old boy who strangled on the changing table's restraint strap that was hanging down into Kolcraft's "Sesame Beginnings" Travel Play Yard where the child was located.



Twelve different Kolcraft play yards are included in this recall. All of the play yards have raised changing tables with a restraint strap that forms a loop beneath the changing table, posing a strangulation hazard to a child in the play yard.

In addition to the strangulation hazard with the changing table restraint strap, one play yard also has a raised cradle that rocks back and forth. A child can roll and get trapped against the side of the cradle in the Contours 3-in-1 Play Yard. If that happens, a child can suffocate. Kolcraft has received 45 reports of children rolling to the side of the rocking cradle attachment.

The recalled play yards were sold in a variety of colors and patterns. Play yards and model numbers included in this recall are listed in the chart below. The model number is printed on a white sticker located on one of the feet of the play yard. They were manufactured in China.

The play yards were sold at retail stores nationwide from January 2001 through September 2007 for between \$50 and \$130.

Consumers should immediately stop using the changing tables and rocking cradle and contact the firm for instructions on receiving a free non-looped replacement strap for the changing table and a free repair kit to secure the base of the cradle. Consumers should immediately cut off and remove the existing changing table restraint strap. Consumers should always remove the raised changing table and cradle or bassinet before placing a child in a play yard.

A free repair kit for the rocking cradle will be sent to consumers separate from the replacement strap.

For additional information, call Kolcraft at (888) 655-8484 anytime, or visit the firm's Web site at www.kolcraft.com

HUMOR ME

An elderly woman is being examined by a young physician. After about four minutes in the examination room, she bursts out of the door. Spotting an older doctor, she tells him what happened. Astounded, he marches down the hallway toward his young colleague. "What's the matter with you?" he demands. "That woman is 74! Why would you tell her she's pregnant?" The young doc asks, "Well, does she still have the hiccups?"

A guy sees a beautiful woman at the other end of the bar. He walks up to her and says, "Where have you been all my life?" "Well," she says, "for the first half of it, I wasn't even born."

How come married women are heavier than single women? A single woman goes home, sees what's in the fridge, and goes to bed. A married woman sees what's in bed and goes to the fridge.

Lying on his deathbed, the rich, miserly old man calls to his long-suffering wife. "I want to take all my money with me, "So promise me you'll put it in the casket." After the man dies, his widow attends the memorial service with her best friend. Just before the undertaker closes the coffin, she places a small metal box inside. Her friend looks at her in horror. "Surely," she says, "you didn't put the money in there." "I did promise him I would," the widow answers. "So I got it all together, deposited every penny in my account, and wrote him a check. If he can cash it, he can spend it!"

Can Soft Drinks Be Healthy?

New sodas are aimed at health-conscious consumers but fall short experts say.

The idea of a healthy soft drink may sound like an oxymoron. But to soda manufacturers, it's the hottest trend in the better-for-you category of food and beverages.

With all the attention on obesity and health, consumers are looking for healthier, more natural beverages. And manufacturers are hoping to perk up sagging soda sales with new "healthy" soft drinks spiked with vitamins and minerals and marketed with natural-sounding terms.

Soda Sales Sagging

Sales of carbonated drinks have been sagging due to the popularity of bottled water and noncarbonated drinks like teas, juices, sports drinks, and "functional" drinks with added ingredients purported to reduce stress or increase energy.

Soda companies have responded by launching new products and marketing efforts.

Some carbonated beverages are now being marketed as "sparkling," implying a healthier, more natural beverage. There are caffeine-free, no-calorie beverages laced with vitamins and minerals, like Diet Coke Plus and Tava from Pepsi. "Zero-calorie" sodas are aimed at consumers who don't like the idea of a "diet" drink. Jazzed-up flavors like pomegranate, cherry, vanilla, lemon, lime, and caramel are also making their way into soft drinks.

"The beverage industry believes that all beverages, including carbonated soft drinks, can be part of a healthy and balanced lifestyle," says Tracey Halliday, spokeswoman for the American Beverage Association. She points out that many of the beverage industry's products, including bottled waters, juices, sports drinks, and diet soft drinks, can be catalysts to health and fitness.

How Healthy Are the New Soft Drinks?

The truth is that artificially sweetened soft drinks – even those fortified with vitamins and minerals -- are anything but natural and healthy, says Marion Nestle, New York University nutrition professor and author of *What to Eat*.

"It is ridiculous to market soft drinks as healthy, but in today's marketplace consumers are demanding more *healthylooking* food, and beverages and soft drink manufacturers need to boost sales," she says.

Most consumers do not need the extra vitamins found in fortified soft drinks, she adds.

"We are not vitamin deficient, and these beverages do not address the real health issues of our country of obesity, heart disease, or cancer," says Nestle.


University of Vermont researcher Rachel Johnson, PhD, RD, agrees.

"It concerns me that we have so many ultra-fortified products where we virtually put a vitamin pill into a soft drink," she says. "The nutrients put into these soft drinks are not the shortfall nutrients that are lacking in our diets such as calcium, potassium, folate, or vitamin D."



Johnson advises consumers to choose beverages that not only quench thirst but also deliver needed nutrients, such as 100% fruit juice and skim or low-fat milk.

"These beverages will help you meet your nutritional needs and satisfy the recommendations of the [U.S. government's] 2005 Dietary Guidelines," she says.

June 2008

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Meds Class Univ. Precaut.
15	16	17	18	19 ACGN Mtg	20	21 First Aid/CPR
22	23	24	25	26	27	28
29	30					

July 2008

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9 Preschool Plan	10	11 Story Time	12 Pre-licensing
13	14	15	16	17	18	19 First Aid/CPR
20	21	22	23	24	25	26
27	28	29	30	31		



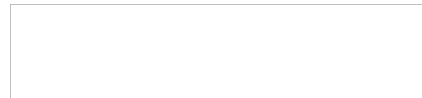
A Caregiver Network

P.O. Box 460861
Aurora, CO 80046-0861

Phone: 720-870-1161
Email: info@caregivernetwork.org

We're on the Web...
caregivernetwork.org

*Supporting All Early Childhood
Professionals*



Preschool Snack Ideas

CEREAL BOX CAR TRACK

The next time rainy weather keeps children indoors in your part of the world, they may enjoy spending an afternoon making an elaborate highway using recycled materials such as empty cereal and tea boxes. This craft, from the Family Fun [website](#), requires only empty cereal and tea boxes (other boxes can also be used as desired), cardboard, a ruler, pencil, scissors, and tape. Cut sections of straight track from each box by drawing a line all the way around the box 1/2 inch up from the bottom. Cut along the line, then cut off the 1/2-inch walls on the narrowest ends. Cut additional road track from the sides of the box. Encourage children to use the scraps to cut out corners and guardrails. Children can make a curved track by cutting out a pie-slice-shaped piece of cardboard and a narrow guardrail. A tea box can be used to create an overpass by cutting an archway through the box. Children can set up the track, tape the sections together and start playing!

IT'S CAMTASTIC!

Animals, animals, animals are everywhere for the children in your preschool program to watch in action via the Internet with the amazing Live AnimalCams from the [Smithsonian's National Zoo](#) located in Washington, DC.

Available AnimalCams include an Amazon RiverCam, an Asian ElephantCam, a CheetahCam, a FlamingoCam, a GorillaCam, an OctopusCam, a PandaCam, a TigerCam and several other live AnimalCams. Each "animalcam" page includes detailed information about the animal.