



A CAREGIVER NETWORK

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PRESIDENT'S MESSAGE

As I prepare to leave for my vacation, I am reminded at how much we do for our families and children we care for. We need to remember to take care of ourselves as well. Many people in childcare do not take vacations. You really do need to take off time to rejuvenate yourself so you can give more back to "your" kids. If you are unable to travel to far away places, why not go camping or just take day trips from home. Do something fun. Do something different. Enjoy yourself. Refresh

yourself. Trust me, you will come back ready for a new day of child care.

Mary



THANK YOU

I have received two letters of resignation. Linda Killian has resigned from being our State Representative # 1. Tonie Rutledge resigned from the positions of Education Coordinator and alternate State Rep.

Thank you Ladies for all your hard work and dedication you gave to the Board of Directors, the Association as a whole, and for the community.

Thanks to Sandy Campbell for completing her term as Secretary especially with the long distances she had to travel.

We appreciate all you have done.

Mary



ELECTION RESULTS

This year we had a lot of write-in votes and fortunately we were able to fill in our blank spaces. The results are:

- ⇒ Vice President- Dottie Trimpe
- ⇒ Secretary- Jenny Mundine
- ⇒ Membership Secretary- Jay Skinner

- ⇒ Referral Coordinator- Maria Conrad
- ⇒ State Representative # 2- Carol Rader

Jane Killham was voted in by the Board of Directors to fulfill the remainder of term for the State Representative #1 board position.

TELEPHONE & EMAIL CONTACTS

Executive Board Members

President, Mary I., mllamb@aol.com	303-699-2681
Vice President,	Open
CAFCC State Representatives:	
Open	
Alternate, Tonie R., tpreciouscargo@comcast.net	
Education Coordinator, Tonie R.	303-766-8811
Fundraising Coordinator,	Open
Membership, Jay S., jayskinn@comcast.net	303-690-8267
Newsletter, Dawn R., drhods@comcast.net	303-690-7684
Referrals, Maria C., mariaconrad@comcast.net	303-690-5836
Secretary, Sandy C.,	303-838-2184
Treasurer, Karen G., geyer20@comcast.net	303-368-8945

Committee Positions:

CPR/First Aid, Jay S.	303-690-8264
Fieldtrips/Events, Mary I.	303-699-2681
Librarian, Antonja H.	303-695-0175
Medication Administration, Maria C.	303-690-5836
Phone Tree, Angie	303-306-7151

Human Services, Division of Childcare:

Main Number	303-866-5958
Dana Andrews	303-866-5946
Susan Conley	303-866-5941

Licensing Specialists: Front Range Comm. College:

Main Number	303-404-5092
Fax Line	303-352-3334
Rosemarie Allen, Director of Licensing	303-404-5092
Janet Campbell, Asst. Director	303-404-5707
Caseworkers: (extension #'s)	303-404-5597
Nicko Bettis x3596, Tonya Estrada x3616, Stefani Kniss x3168, Keesha Minor x3026, Liz Miret x 3156, Carin Rosa x3572, Renee Russo x3162, Lisa Straight x3164, Trisha Swinton x3595, Annester Taylor-Brown x3591, Kathy Wagoner x3171, Amy Wilson x3152 or 970-330-8008 x6547.	
Henrietta Hehn—9790-226-2500 x8579	
Marlene McKenzie — 970-226-2500 x2092	
Teresa Thompson — 970-249-1872	

Denver Childcare Licensing	303-285-4075
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Food Programs:

A Child's Choice	303-627-9207
Child Care Sponsors	303-745-1358
Kid's Nutrition	303-987-4852
Wildwood	303-730-0460

Adjacent County Association Referrals:

A CareGiver Network	720-870-1161
Adams	303-451-1061
Arapahoe	303-246-5146
Boulder	303-494-0404
Broomfield	303-469-5596
Denver	303-750-1062
North Denver	303-371-7650
Douglas/Elbert	303-841-7718
Jefferson	303-969-8772
Longmont	303-651-1539
Lafayette	303-828-4617

Resource and Referral Agencies:

Qualistar, www.qualistar.org	303-290-9088
Metro Denver Resource & Referrals	303-969-9666
Families First	303-745-0327
Family Support Line	303-695-7996
Consejos Para Familias	1 866-527-3264
Family Resources	303-969-9500
Care Connection	303-604-0030
Colorado Childcare Association	303-860-7174
Colo. Assoc. of Family Childcare, www.coloradochildcare.com	
Colorado Assoc. for the Education of Young Children www.coloradoaeyc.org	303-791-2772

Education:

CPR/First Aid, Jay S.	303-690-8264
Hurried Provider Training Solutions, Mary	303-699-2681
Medication Administration, Maria C.	303-690-5836
Pre-licensing Training, Dawn R.	303-690-7684
Universal Precautions, Dawn R.	303-690-7684

Miscellaneous:

Arapahoe County Early Childhood Council	303-991-2220
Colorado Dept. of Health (immunization cards)	303-692-2650
ECE Resource Centers:	
Arapahoe Community College	Just Opened
Comm. College Aurora	303-340-7053

REGULAR MEMBERSHIP MEETINGS

November 17, 2005, 7:00-8:30 pm:

Title: **Emotional Connections: How Relationships Guide Early Learning**

Speaker: Donna Calvert.

Location: Held at the fire station. See map below.

Credit: 1.5 hours continuing education credit in the area of Child Growth & Development. Advanced Infant Toddler Training.

Course Description: The workshop is intended to focus specifically on how Responsive Relationships Promote Learning and Cognition. The goal is for participants to experience how their relationships with children will provide the context or medium for cognitive development. Each person has a unique infrastructure of neural pathways formed from their early relationships and experiences. When caregivers are aware of the connection between their responsive relationships and children's cognitive development, they will use their presence to initiate, to encourage, and to inspire each child's motivation to learn.

December: No membership meeting. Happy Holidays!!!



January 19, 2006, 7:00-8:30 pm:

Title: **Many Facets of Diversity**

Speaker: Trisha Kelly-Lynch.

Location: Held at the fire station. Address and directions below.

Credit: 1.5 hours continuing education credit in the area of Individual and Cultural Diversity.

February 16, 2006, 7:00- 8:30 pm:

Title: **Kindergarten Readiness**

Speaker: Betty Dalton

Location: Held at the fire station. Address and directions below.

Credit: 1.5 hours continuing education credit in the area of Early Childhood Education.

March 16, 2006, 7:00-8:30 pm:

Title: **Pre-reading / Reading Readiness/ Child Find**

Speaker: Susan Oakes

Location: Held at the fire station. Address and directions below.

Credit: 1.5 hours continuing education in Child Growth & Development and Early Childhood Education.

April 20, 2006, 7:00-8:30 pm:

Title: **Make & Take Workshop**

Speaker: Susan Oakes

Craft donations are needed. Call Tonie at 303-766-8811 or bring your donations to any meeting.

Location: Held at the fire station. Address and directions below.

Credit: 1.5 hours continuing education credit in the area of Early Childhood Education.

May 2006, 7:00-8:30 pm:

Title: **Record Keeping, Business Practices**

Speaker: Betty Dalton.

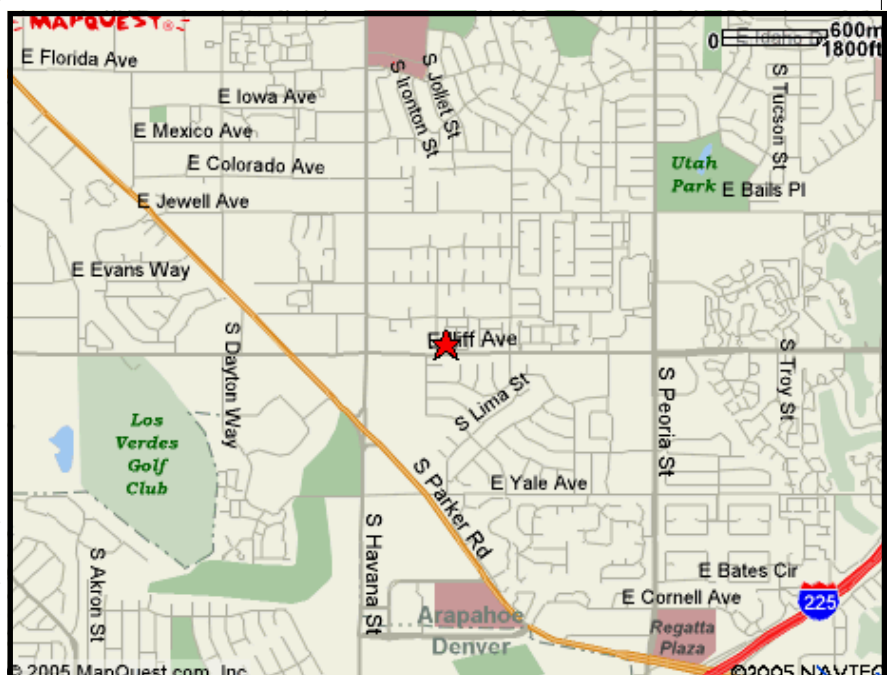
Location: Held at the fire station. Address and directions below.

Credit: 1.5 hours continuing education credit in the area of Child Growth & Development.

Directions to the Fire Station: 2291 S. Joliet Way. One block east of Iliff and Havana Streets. Parking lots are to the east and north of the fire station and are both accessible from Joliet Way. The meeting room is right inside.



Hurried Provider Training Series,
Mini-Conference, see page 8.



**December 7-10, 2005****NAEYC Annual Conference**

Washington, D.C.
1-800-424-2460
www.naeyc.org
naeyc@naeyc.org

**February 9-10, 2006
Colorado Child Care Association**

Denver, Colorado
303-860-7174
www.coloradochildcare.net
ccca@coloradochildcare.net
Conference for owners, directors and administrators of early childhood and school-age programs

**March 6-9, 2006
2006 National Smart Start Conference**

Greensboro NC
919-821-9540
Over 200 workshops related to childcare based on a state-wide system of care and quality initiatives.

**March 8-11, 2006
National Child Care Association**

Las Vegas, NV
202-367-1133
www.nccanet.org
info@nccanet.org
Over 40 workshop focusing on management topics

**March 20-23, 2006
Parents as Teachers**

St. Louis, Missouri
314-432-4330 x288
www.parentsasteachers.org
Focus on diversity, special populations, cultural perspectives, family structures and successful strategies

Other Trainings

Adams County (ACAFCC): Meetings are currently held the Thornton Civic Center, 9500 Civic Center Drive. Northeast corner of I-25 & Thornton Parkway. They meet the 3rd Monday of the month from 6:30 - 8:30 or 9:00 p.m. unless otherwise noted. Snacks and social time begin at 6:30 prior to the start of the meeting. Deborah 303-227-0156.

- ◆ November 21—Love & Logic
- ◆ January 23 — Taxes by Laura Bloyd
- ◆ February 27 — Crafts for Holidays

Denver County (DAFCC): Meets 2nd Thursday of each month at the Salem United Church of Christ, 5300 E. Florida from 7:00—9:00 p.m. Contact: Karen Rumer 303-504-0123.

- ◆ November 10—Kindergarten Readiness by Artis Gorden. Bring a dish for the Potluck.

Jefferson County (JCCCA): Meets the 3rd Tuesday of each month at the Clements community Center, 1580 Yar-

row Street in Lakewood from 6:45—9:00 p.m. No children. Contact: Sheryl Ortiz 303-932-2750. Bring a dish for the Potluck.

- ◆ November 15—Craft Extravaganza

Qualistar Training: Getting Ready for the Qualistar Ratings

Cost \$5. Must pre-register and pay in advance with Lynn 303-914-6307.

- ◆ November 2, 6:30—9:30 p.m. at Red Rocks Community College, Room 2533, 13300 W. 6th Avenue Lakewood.
- ◆ November 5—9:00 a.m.—12 p.m. at Community College of Denver, Room 102, 955 9th Street Park, Denver. Call 303-516-2439 for directions.
- ◆ More classes coming later

Family Childcare Caseworkers Shuffled

If you live in Arapahoe County, CO, these are the new caseworker assignments:

Keesha Minor 303-404-5597 x 3026

Zip Codes: 80001, 80013, 80015, 80018, 80102, 80103, 80105, 80111, 80112, 80113, 80136, 80222, 80231, 80247

Renee Russo 303-404-5597 x 3162

Zip Codes: 80112, 80110, 80122

Trisha Swinton 303-404-5597 x 3595

Zip Codes: 80010, 80014, 80017

Kathi Wagoner 303-404-5597 x 3171

Zip Codes: 80011, 80016, 80120, 80121

REFERRAL REPORT

September 2005:

52 emails
41 calls
93 requests total

38 given out

80010 1
80011 3
80012 3
80013 7
80014 3
80015 6
80017 4
80018 2
80231 4
80134 5

Call Maria each month to update your openings.

Other places to put advertisements for your childcare openings are:

Free listings:

daycarematch.com
craigslist.com

Some sites let you upgrade so your name will be listed in the top section before the free listings.



Sunshine/ Unshine Column

Karen Geyer's brother-in-law passed away in September.

This column in memory of Jonnie Altman



MEDICATION ADMINISTRATION COURSES

These courses are held at the Medical Center Aurora South, 1501 S. Potomac, meeting room 2, from 8:45 a.m.—1:30 p.m. Limited to 15 students per class. Cost: \$35 per person. All classes are non-refundable. If the class you're scheduled for is cancelled, you will be notified if you have supplied us with your telephone number. There is a \$25.00 charge on all returned checks. No refunds.

Purchase classes online at www.caregivernetwork.org/

Call Maria 720-870-1161

Next Classes:

- January 14, 2006
- February 11
- April 8

Need Medication Forms?

Get your Medication Administration forms online: www.caregivernetwork.org/8

UNIVERSAL PRECAUTIONS

Join us at the Medical Center Aurora South, 1501 South Potomac, Meeting room 2, 1:45 p.m - 3:15 p.m

2005 Dates:

- November 12

2006 Dates:

- January 14
- February 11
- March 11

**Only \$15 per person
Call Dawn to register at
303-690-7684**

FIRST AID & CPR COURSES

These essential courses are held at the Medical Center Aurora South, 1501 S. Potomac, Meeting room 2, from 8:45 am—3:00 pm

Only \$35.00

All classes are non-refundable. If the class is cancelled and you've provided your telephone number, you will be called.

2005 Dates:

- November 19

2006 Dates:

- January 21

Pay online with debit/credit card or ask for a registration form from Jay 303-690-8267.

Pre-Licensing Training Course

ACGN offers pre-licensing toward a family childcare home license. If you know of anyone who wants to start a business in child care, have them call Dawn at 303-690-7684.

Next classes:

- November 5 & 12
- January 7 & 14

PRESCHOOL PLANNING CLUB

Join us for fun and a minimum of 1 hour credit in the area of Early Childhood Education at Dawn's home, 5543 S. Himalaya Way, Centennial, CO 80015 at 7:00 p.m.

2005 Dates:

- November 9
- December 7

2006 Dates:

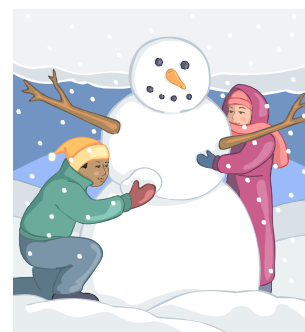
- January 11
- February 8

Many curriculum resources available.

The curriculum is available on other days by appointment only.

\$3.00 fee for copies.

RSVP to Dawn 303-690-7684.



PRESCHOOL ACTIVITY IDEAS

Have a Blue Day!

Teach your children their colors in a fun way for both of you!

Food:

Blueberries, Blueberry pancakes or muffins, Berry blue Kool-aid, Blue Jello, Blue Milk, Blues Clues Snacks, Blue Pudding -- you can use vanilla pudding and/or whipped topping with food coloring.

NOTE ... some children (and adults) are extra sensitive to certain food dyes. If this is the case with any of your children, or you just want to stay on the safe side, stick with the natural sources of the color blue.

Make [homemade fruit roll-ups](#) using blue fruit

Make a blue [homemade fruit sherbet](#). Add food coloring if you wish.

Make an [edible aquarium](#) using blue jello.

Books:

The Blue Balloon

Bear in the Big Blue House book/video

Big Blue Engine by Ken Wilson-Max

Blue Hat by Angie Sage

VeggieTale Video: Madame Blueberry

Arts and Crafts:

Make blueprints. Pour some blue paint on a table top and let students fingerpaint. Place a large sheet of paper on top of the fingerpainting and rub the back of the paper. Slowly lift the paper off the table and hang it up to dry.

Blue Collage: Glue a blue thing collage on blue paper. Invite children to bring blue things from home to glue on to a blue collage. You'll need things available like, blue fabric scraps, blue yarn, blue buttons, blue paper, blue tissue paper, blue cotton balls, blue milk jug caps, blue confetti, blue paint chip samples from the hardware store, etc.

Wear Blue Day:

Take a blue walk and look for blue objects. They could even take a small tablet and blue crayon (similar to "Blues Clues" television show) and make a note/picture of each blue object they find.

Art: Put blue paint (or fingerpaints) in a painting center or easel. Or, provide crayons, markers, chalk, pencils, etc. in the color of the day so they can create interesting, monochromatic (single color) pictures.

Make blue [Eggshell Chalk](#)

Make blue, environmentally friendly [sidewalk paint](#)

Make blue [soap crayons](#)

Make blue [scratch-n-sniff watercolors](#)

Pictures into [homemade stickers](#)

Make inexpensive, blue [oily soap paint](#)

Bubble pictures: Pour about ¼ cup of dishwashing liquid into a small container. Add small amounts of water and tempera paint until the color is intense. Place a drinking straw into the pan mixture and blow carefully until the bubbles start to overflow. Gently place a piece of paper over the bubbles, then lift carefully. The broken bubbles leave a pretty design on the paper.

Color Cubes: After filling the ice cube tray with water, add drops of red, yellow and blue the compartments. After they are frozen, place a red cube and two yellow cubes in a glass. As the cubes melt watch what happens! Do the same for yellow and blue and red and blue. It is fun to watch the ice melt and change into another color.

COLORED CRYSTALS: For each child mix 1 tablespoon Epson salts and 1 tablespoon water in a baby food jar or a clear plastic glass. Then stir in 1/4 teaspoon of the desired food coloring. Have the children observe over the next few days as the water evaporates and small crystals begin to form. Keep a magnifying glass handy for closer examination. Hint: For the best results do not use yellow.

Other Activities:

Play active games with a blue balloon or blue ball.

Little Boy Blue

COLOR HOP (tune of Old McDonald)

I see something that is ____ [color].

Do you see it too?

I see something that is [same color].

HOP there if you do.

With a hop, hop here,

And a hop, hop there. Hurry up! Hop it up!

Hop as fast as you dare.

I see something that is [color].

Do you see it too?



COLOR SONG (Tune: If you're Happy and You Know It)

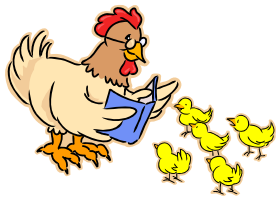
If there's blue on your shoes stand up quick,

If there's blue on your shoes stand up quick.

If there's blue on your shoes,

If there's blue on your shoes,

If there's blue on your shoes stand up quick!



STORYTIME SESSIONS

Join us each month for story time and a pre-school activity with Susan Oakes, recipient of a national award in literacy. **Space limited to 30 children.** Must RSVP. Held at the Smoky Hill Library at 5430 S. Biscay Circle, Meeting Room B, Centennial CO from 10:00–11:00 am

2005 Dates:

- November **Cancelled**
- December 16
- January 20

To attend storytime with your children or provide the preschool activity for the day, RSVP to Dawn 303-690-7684.



COLORADO EARLY CHILDHOOD PROFESSIONAL CREDENTIAL

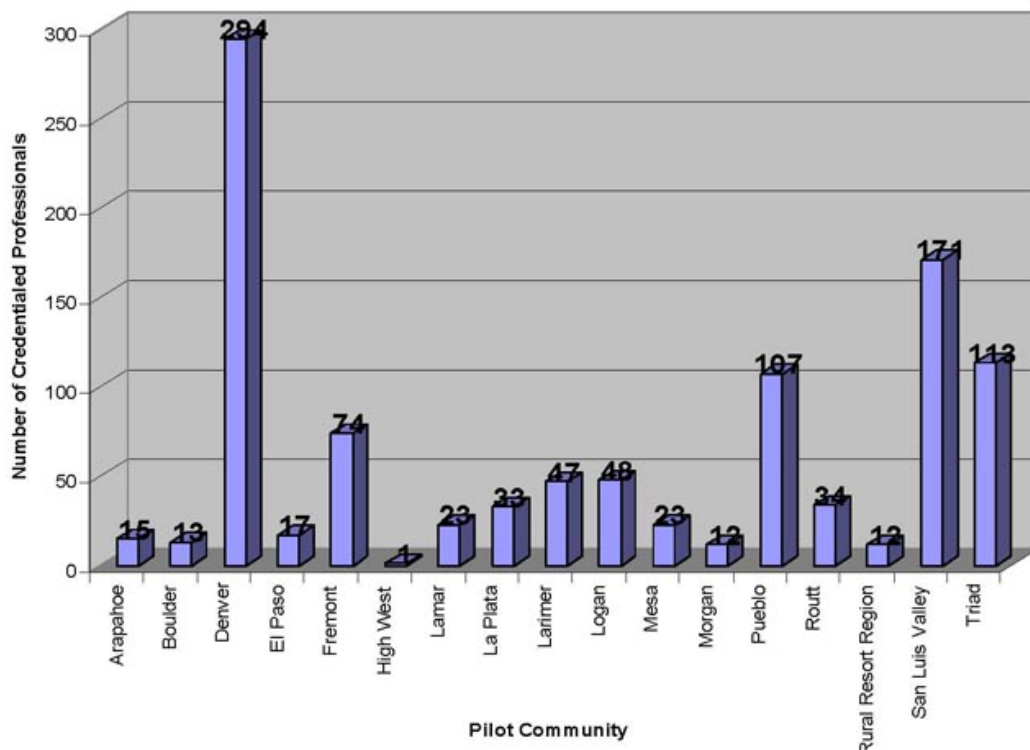
Arapahoe County is one of 13 community consolidated child care pilot sites in the State of Colorado under the newly named Smart Start Colorado. Other counties include Boulder, Denver, El Paso, High West (San Miguel, Ouray & Western Montrose), La Plata, Larimer, Logan, Mesa, Morgan, Prowers, Pueblo, Routt, Rural Resort (Glenwood Springs), San Luis (Alamosa, Conejos, Costilla, Mineral, Rio Grande & Saguache), and Triad (Jefferson, Clear Creek & Gilpin). Jenna Davis is the newly appointed State Coordinator. You can reach her at 720-291-0066, 720-221-4309 (fax) or jenna@ecesystem.com.

Some counties have been very proactive in the area of public awareness with a variety of advertising. One county has listed every childcare provider's first name and telephone number and their credentials. This includes college degrees, National Accreditation through the National Association for the Education of Young Children (NAEYC), National Family Child Care Association (NAFCC), National Early Childhood Program Accreditation (NEPA), National School-Age Alliance (NSACA) and ratings of the Colorado Early Childhood Professional Credential (Colorado Credential) and Qualistar (formerly Educare).

The Qualistar website, www.qualistar.org already lists the ratings of providers who have a Qualistar rating on their website for prospective clients to see. They are currently looking for more providers who would like to be rated. See upcoming trainings on page 4.

The Colorado Early Childhood Credential still has a free application. You can find it online at www.coloradoeccredential.com or by calling Sudy Opsahl at 303-333-6017, 303-333-6020 (fax) or via email at sudy.opsahl@ccd.edu. The Colorado Department of Human Services would like to some day see all people obtaining a license to start with a level 3 rating as issued by the Colorado Credential. Level 1 requires coursework or certificates the cover the college classes ECE 101 and ECE 102. Level 2 requires you meet Level 1 standards plus an additional 8 three semester credit ECE courses. A Level 3 credential would require an Associates Degree and 2,730 hours of experience. As you can see from the chart below, Denver county has the most credentialed providers followed by San Luis Valley, the Triad, and Pueblo.

Early Childhood Credentialed Professionals by Pilot Community as of 10-13-04





The CareGiver Network Presents

The Hurried Provider's Training Solution

Saturday, November 19, 2005

All Saints Lutheran Church

15625 E. Iliff Ave., Aurora 80013

8:00am - 10:00am Disaster Preparedness

Fred Hamblen

Fred had taken the certification to be part of the Community Emergency Response Team for Colorado. He hopes to share what he has learned in this training with us.

To help us look at what providers should know when we need to evacuate our home while caring for children. He hopes to give you enough information to evaluate your disaster plans to make sure you are prepared in the event of a disaster.

10:15am - 12:15pm Car Seat Safety

Camie Wewer

Cami is a Colorado State Patrol Safety Team member who is going to inform us about the proper installation of car seats; she will offer information about where to get your car seats inspected and give us basic information about when to upgrade car seats, and other valuable information. She has information about a vest type car seat that may help providers who do a lot of field trips a solution to the car seat squeeze.

1:00pm - 3:00pm Practical Fire Extinguisher Training Exercise

Jeff Hopkins

Come and get experience using a real fire extinguisher and put out a real fire. We will be learning about fire extinguishers and how to properly care for them, use them and maintain them. We will talk about fire escape plans and fire preparedness. Come and learn how to protect the children in your care.

Attendees will receive 6 hours towards license renewal for this workshop.

Please bring a dish to share for a potluck lunch

A Light snack will be served at this workshop.

Questions??? Please call Mary Ingleby 303-699-2681 (day of workshop 303-913-8618)

Name: _____ License # _____
Address: _____ Zip _____ Phone _____

COST \$20.00 for Caregiver Network Members

\$25.00 for Non-Members

Make checks payable to: Caregiver Network

Mail to: Caregiver Network Attn: Mary Ingleby 17572 E. Bellewood Cir. Aurora, CO 80015-2024

Please note: 10 pre-paid registrations are required for the workshops to be held.

Deadline for registration is November 15, 2005

Pay with debit/credit card online only at www.caregivernetwork.org/cart.htm

Upcoming ACGN Activities:

November 2005

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5 Prelicensing— Pg 5
6	7	8	9 ACGN Pre- school Planning Club— Pg 5	10 DAFCC – Kindergarten Readiness, Pg 4	11	12 Prelicensing & Universal Pre- cautions Pg 5
13	14	15 ACGN— Conference Dead- line Pg 8	16	17 ACGN—op- Emotional Conx— Pg 3	18	19 Conference— pg 8, CPR/FA, pg 5
20	21 ACAFCC— Love & Logic, Pg 4	22	23	24	25	26
27	28	29	30			

December 2005

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7 ACGN— Preschool Plan- ning Club— Pg 5	8	9	10
11	12	13	14	15	16 ACGN— Story Time— Pg 7	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



A Caregiver Network

P.O. Box 460861
Aurora, CO 80046-0861

Phone: 720-870-1161
Email: info@caregivernetwork.org

See
Mini-Conference
Flyer
On Page
8

*Supporting All Early Childhood
Professionals*

**MEMBER
BENEFIT**

**Members receive a
discount on the
Toy & Equipment
Lending Library
Annual
Membership**

Get a Library Mem-
bership Application
online at:

[www.caregivernetwo
rk.org/files/Library%
20Membership.doc](http://www.caregivernetwo
rk.org/files/Library%
20Membership.doc)

Under Review: Child Care Licensing Rules & Regulations

****Input Needed****

Please give the State of Colorado your input of what changes you feel need to be made to the Rules and Regulations.

If you have been giving input to any of the licensing review groups composed of early childhood professionals who have been meeting for the past 8 months, you also need to let Human Services know your feelings. These groups have been told that their voices are no louder than each one of ours. So why does Human Services and all of us waste our time trying to have a collective voice in this review process every five years?

We need to all send in our proposed change forms for each rule number or any new rule you feel should be added. You should have all

ready received this form in the mail. In case you can't find it or didn't receive one, you can also find it online at www.caregivernetwork.org/form.doc.

If you would like to bounce ideas off of each other or share experience of things you were written up for due to a difference in interpretation of the Rules and Regulations, you can join the following free groups page: <http://groups.yahoo.com/group/providerrights/>

We need to ensure that the rules and regulations secure the health and safety of young children, but aren't so broadly written that no one understands what they mean. Should rules and regulations be a more supportive system than we currently have. How can we

accomplish that? What qualifications do you feel a licensing specialist should have? Do you feel we can raise the quality of child care in Colorado with new specific rules? Step outside the box and think of rules you'd like to see for your grandchildren.

We should also make sure that we retain/obtain some providers rights in how these rules and regulations are used. Do you feel that you should receive notification and have the right to be at any appeal hearing?. Should our peers be included on these appeal boards? Share your thoughts.

Dawn Rhods