



P.O. Box 460861
Aurora, CO 80046-0861
720-870-1161

www.caregivernetwork.org

CAREGIVER NETWORK NEWS

October / November 2008

Issue 1

INSIDE THIS ISSUE:

Articles:

- Language	5-6
Calendar	11
Election Results	4
Form	flyer
Humor Me	10
Meetings	3
Preschool	
- Ghost Craft	12
- Monthly Themes	8-9
- Recipes	10
Presidents Message	1
Referrals	9
Sick Child Poster	7
Storytime	4
Telephone	2
Training	
- First Aid/CPR	9
- Medication Admin	9
- Member Meetings	3
- Other Trainings	8
- Pre-Licensing	9
- Preschool Curr.	9
- Universal Prec.	9

PRESIDENT'S MESSAGE

Dear Providers,

We on the Board of Directors just want you to know we appreciate you and what you do for children.

This past weekend we had a wonderful Showcase of Homes. It is always fun to get together with other providers, network, and see how other providers have set up their homes.

We are enclosing in this edition of our newsletter a couple of forms that we saw at Yaffa's Children's Playland. We hope that all of you will find the "When to keep your child home" sheet invaluable. The other form, "A Child is a Sunshine Ray," is in case you'd like to incorporate it into your program. The forms will

also be available in color in the Members Area of the website for you to download.

If any of you might like to showcase your home next year, I would be happy to write you down and contact you when we get ready to put on another tour.

I hope you all will have a happy and healthy fall.

Mary



Showcase of Homes

We would like to thank the following childcare providers for opening their child care center and all of their child care homes:

Jaime White
Renee Hoffman-Roenfeldt
Dawn Rhods
Tonie Rutledge
Karen Geyer
Judy Marsolek
Children's Playland

Thanks to the following committee members and volunteers who made this tour possible:

Mary Ingleby
Dottie Trimpe
Erika McKillop
Tonie Rutledge
Dawn Rhods
Jay Skinner
Maria Conrad

Merci

TELEPHONE & EMAIL CONTACTS



Board of Director A Caregiver Network	Name	Telephone	Email
President	Mary Ingleby	303-699-2681	mllambs@aol.com
Vice President	Dottie Trimpe	303-766-0949	
CAFCC State Reps:	Gretchen Davidson	303-991-2220	gretchen@acecc.org
	Deanna Stolzenberger	720-309-6846	dstolzenberger@comcast.net
Education Coordinator	Judy Borchers	303-766-9706	
Membership	Jay Skinner	303-690-8267	jayskinn@comcast.net
Newsletter	Dawn Rhods	303-690-7684	drhods@comcast.net
Referrals	Maria Conrad	303-690-5836	mariaconrad@comcast.net
Secretary	Lissa Hetrick	303-693-4633	
Treasurer	Karen Geyer	303-368-8945	geyer20@comcast.net

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Committee Positions:

CPR/First Aid, Jay S. 303-690-8267
 Fieldtrips/Events, Mary I. 303-699-2681
 Librarian, Antonja H. 303-695-0175
 Medication Admin, Maria: 303-690-5836
 Phone Tree, Angie: 303-306-7151
 Story time, Mary I. 303-699-2681

Food Programs:

A Child 's Choice 303-627-9207
 Child Care Sponsors 303-745-1358
 Kid 's Nutrition 303-987-4852
 Wildwood 303-730-0460

Advocate Organizations:

ACECC 303-991-2220
 —ACECC 's ECE Resource Centers:
 —Arapahoe Comm. College 303-797-5678
 —Comm. College Aurora 303-340-7564
 Colorado Childcare Assoc: 303-860-7174
 CAFCC, www.coloradochildcare.com
 CAEYC, coloradoaeyc.org 303-791-2772

Adjacent County Association Referrals:

A CareGiver Network 720-870-1161
 Adams 303-451-1061
 Arapahoe 303-246-5146
 Boulder 303-494-0404
 Broomfield 303-464-8307
 Denver 303-756-8901
 North Denver 303-371-7650
 Douglas/Elbert 303-841-7718
 Jefferson 303-969-8772
 Longmont 303-651-1539
 Lafayette 303-828-4617

Resource and Referral Agencies:

Qualistar, www.qualistar.org 303-290-9088
 Child Care Innovations
 —Providers 303-969-9666
 —Parents 877-338-CARE
 Families First 303-745-0327
 —Family Support Line 303-695-7996
 —Consejos Para Familias 1 866-527-3264
 Family Resources 303-969-9500
 Care Connection 303-604-0030

Regular Membership Meetings

➤ **No October Membership Meeting**

We will see those of you who RSVP'd at the Member's Appreciation Dinner on October 16th at CCA 6:00 pm. Contact Maria at 303-690-5836.

➤ **November 20, 2008, 7:00—8:15 pm**

Topic: To Be Announced

Credit: 1.5 clock hours

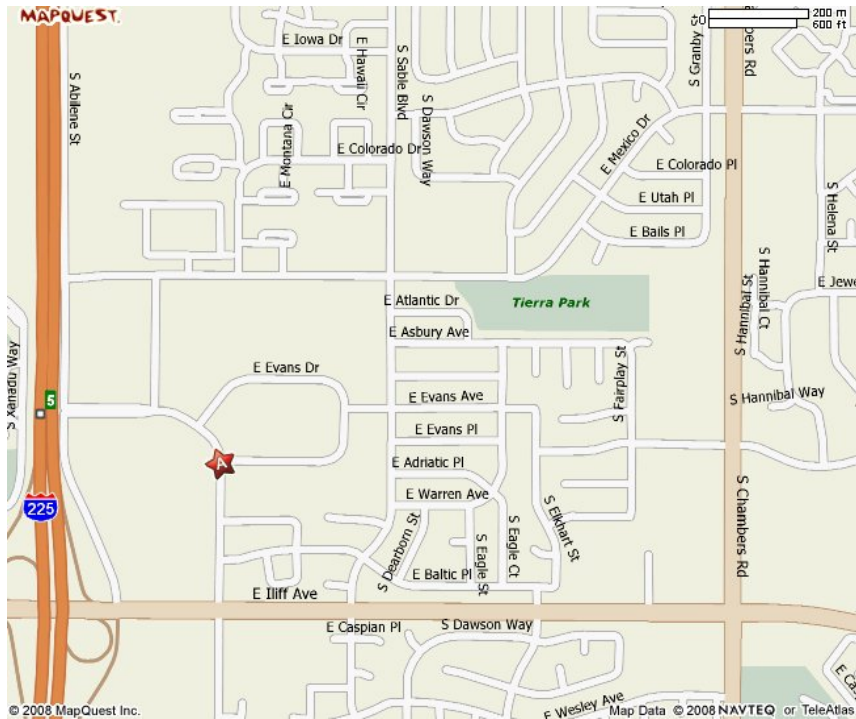
Location: Life Center of Aurora, 14101 E. Evans, Aurora, CO 80014



For other trainings, please see page 8.

Join us to gain training hours toward your license renewal. Providers need 15 clock hours per year and Experienced Providers will need 18.

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- Life Center Aurora, 14101 East Evans, Aurora, CO 80014
- Use West door to enter building
- No children please.

[Map of Life Center of Aurora, 14101 East Evans](#)





Referrals

September referral numbers are as follows:

46 calls
25 emails

32 referrals given out, all others referred to other counties or agencies.

- 80010 1
- 80011 1
- 80012 4
- 80013 3
- 80014 2
- 80015 5
- 80016 6
- 80017 1
- 80111 1
- 80112 6
- 80121 1
- 80134 1
- 80236 1

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Story Time

Join us for story time and a preschool activity. Space limited to 30 children. Held at the Smoky Hill Library at 5430 S. Biscay Circle, Meeting Room B, Centennial Colorado from 10:00 a.m.— 11:00 a.m.

Dates:

- Nov 14,
- Dec 12

ELECTION RESULTS

30 ballots were received. 7 ballots were unsigned rendering them invalid. The results of the 23 valid ballots are as follows:

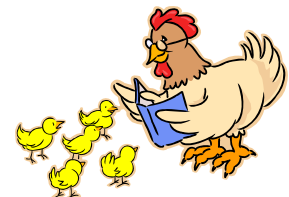
President: Mary Ingleby
Treasurer: Karen Geyer
Newsletter Editor: Dawn Rhods
Education Coordinator: Judy Borchers
State Rep #1: Deanna Stolzenberger



***** LIMIT 30 Children *****

To attend story time with your children, you **MUST R.S.V.P.**

R.S.V.P by contacting Mary Ingleby 303-699-2681 or by email mllambs@aol.com



LANGUAGE FOR THE 1 YR OLD



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Jason, who is 15-months-old, says “oof, oof” for “dog” but points and grunts to request things he wants. Haley is 14-months-old and carries on long conversations with her childcare workers that consist solely of nonsense syllables. Maya has 25 words in her vocabulary at 16 months. Alec is still waiting for his first word, even though he is 15-months-old. Do any of these children have a language delay?

Probably not. The good news is that “normal” encompasses a wide range of children’s language development between one and two years of age. Children acquire many skills during these months--walking, socializing, solving problems, manipulating smaller objects, and yes, learning to speak. As long as each child reaches these milestones within the same approximate time period, the order they appear in does not matter.

Just as one child will say his first word before taking his first steps, another child may not utter her first word for several months after learning to walk. One recent study that looked at “late talkers” refused to even consider the number of words the children had in their vocabulary because it was regarded as too variable to be helpful.

How Babies Communicate

If you think about it, babies communicate long before they can use words. A baby who looks at you and then covers her eyes has told you she wants to play “peek-a-boo.” Another who turns his head to avoid a spoonful of oatmeal is telling you “no.” Babies express their requests by looking at an item, reaching, pointing and/or vocalizing. A baby may babble to get you to respond to her, or for the sheer fun of making and hearing those sounds.

While you may look for most children to begin to speak words within their second year, the rate at which they acquire this

vocabulary is greatly varied. Still, some babies do not utter their first word by 12 months and take longer than others to start to use spoken language. They tend to fall into three categories: babblers, quiet ones, and grunters.

The Babbler This is a social baby who loves to hear herself talk. She can carry on whole conversations with you, with appropriate rises and falls of pitch, just as if she were discussing what happened over the weekend. The only problem is that you do not understand a word she says, or maybe just one word in 10. These nonsense syllables with conversational variations in tone are called “jargon,” and most babies do it to a degree as they are learning to talk. Even when a baby has several words in her vocabulary, she may still use jargon as a form of vocal play.

The Quiet One Almost every childcare worker will have had experience with a child who was a “late talker,” a baby who said nothing for what seemed like forever and then blossomed overnight into speaking full sentences. One research hypothesis asserts that this child is a “cautious” learner, someone who understands much or all that is said to him, but does not talk because he does not want to get the grammar wrong. It is very difficult to pinpoint toddlers at this age who will develop language and who will need help. Sometimes, even though nothing abnormal may be going on with his speech development, this may still be a child who should be evaluated by a speech-language therapist for either help or reassurance that everything is fine.

The Grunter What an efficient communicator! This child sees the item he wants, leads you or points to it, and grunts. He also grunts to get your attention, and gets his points across with gestures and vocalizations. You know he can babble, he has made other sounds in vocal play, he may even have a few words, but he neglects to use them when he wants something. Many children who do this grow up to be effective communicators with fine vocabularies. For most children, it is a phase that will be outgrown.

Continued on page 6

LANGUAGE CONTINUED

FROM PAGE 5



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The following tips are helpful for stimulating language in all children:

- Reduce the length of your own sentences. A young child is more likely to recognize and imitate words from “You want up?” than from the longer “Do you want to get up now?”
- Offer choices. For a child who has some words but still grunts and points more often, this may be especially useful. Ask “Do you want milk or juice?” rather than, “Do you want some milk?”
- Play dumb. When a toddler points and grunts at an object, shrug your shoulders as if you are confused and say, “I do not understand; do you want your ball?”
- Accept a gesture instead of a word and use gestures with your own words. According to Linda Acredolo, Ph.D. and Susan Goodwyn, Ph. D., researchers and authors of the book *Baby Signs*, a child will use a gesture for a word only until she can say the word reliably, although Goodwyn notes that there are transition periods where the child will use both words and signs together. Acredolo likens the process to crawling--“When a baby crawls, it does not decrease her interest in walking, but makes her more excited to walk. In the same manner, a baby who is successful at using signs to communicate will be more motivated to learn to talk.”

Try to avoid telling a child to “say” something. It is a more effective communication cue when a child points or grunts at something simply to model the word--“Cup--you want the cup.” The phrase “Use your words” may also be used if you know the child has the word in her vocabulary.

The trick to using all of these techniques is moderation. While you want to encourage a child to use her words, you do not want to overwhelm her to the point that she shuts down. These techniques eventually become second-nature; and the caregiver who uses them can be the most effective model for helping families to learn these same strategies for use at home resulting in children who cannot wait to use their words to tell you what they want.

Referring To A Speech-Language Therapist

You should talk to the families of the children in your care about seeking a referral to an American Speech-Language Hearing Association certified speech-language therapist for an evaluation if you notice a child who:

- Does not vocalize or babble at all by 12 months.
- Seems to get stuck getting a word out or gropes and struggles when trying to imitate.
- Does not have at least a few words by 18 months and seems to have difficulty understanding what you say.

Does not respond to loud noises that he cannot see.

The speech-language therapist has the skills and knowledge to identify the source of the child’s difficulties in developing language and, if necessary, to intervene and treat the problem. Contact your local Child Find office through your local school district, or contact your local health department or childcare health consultant for help in locating a speech-language therapist. Many therapists will visit childcare programs for evaluations as well as to offer information to childcare staff. *Toddie Downs, M.A., CCC-SLP, Pediatric Speech-Language Therapist*

Resources

American Speech Language Hearing Association (ASHA), 10801 Rockville Pike, Rockville, Maryland 20852; 800-638-8255; www.asha.org/public/speech

Baby Signs, 871 Cotting Ct., Ste. 1, Vacaville, CA 95688; 800-995-0226; www.babysigns.com

National Center on Deafness and Other Communication Disorders, National Institutes of Health, 31 Center Dr., MSC 2320, Bethesda, MD USA 20892-2320; 800-241-1044;

www.nidcd.nih.gov

Signing With Your Baby, PO Box 593, St. Joseph, MO 64502; www.signingbaby.com

Internet Resources

Child Development Institute, www.childdevelopmentinfo.com/development/language_development.shtml

Kids Health, kidshealth.org/parent/emotions/behavior/not_talk.html

Source: www.healthychild.net

Keep Me Home If...

I'm
Vomiting



Two or more
times in 24
hours.

I have
a rash,
lice or
nits



Body rash,
especially
with a fever
or itching.
Lice or nits.

I have
diarrhea



3 or more
watery
stools in
24 hours.

I have
an eye
infection



Thick mucus
or pus draining
from the eye.

I have a
sore
throat



With fever
or
swollen
glands.

I'm just
not feeling
very good.



Unusually
tired, pale,
lack of
appetite,
confused
or cranky.

I
have
a
fever



Temperature of
100°(e) or more,
(taken under the
arm) AND sore
throat, rash
vomiting,
diarrhea, earache
or just not feeling
good.



Santa King County
Department of Public Health

When Your Child is Sick: 1. Have plans for back up child care. 2. Tell your caregiver what is wrong with your child, even if your child stays home.

**Month of:**

Blindness Awareness
Sun Dried Tomatoes
Bilingual Child
Domestic Violence Awareness
German-American Heritage
Polish-American Heritage
Crime Prevention
Down Syndrome
Go on a Fieldtrip
Popcorn Poppin'
Reading Group
Roller Skating
Spinach Lovers

Weekly:

1-4 Children's Week
No salt week
Fire Prevention
5-11 Magic of Differences
Carry a Tune
Kids' Goal Setting
Spinning & Weaving
12-18 – Food Bank
Veterinary Technician
Freedom of Speech
19-25 – School Bus Safety
Health Education
26-31 – Int'l Magic
Give Wildlife a Break

Days:

2 – World Farm Animals
5 – World Teacher's Day
8 – Bring Teddy Bear to
School or Work
10 – Cake Decorating Day
13 – Columbus Day
15 – Nat'l Grouch Day
18 – World Toy Camera Day
24 – Int'l Bandanna Day
25 – Make a Difference
28 – Chocolate Day
St. Jude's Day
30 – Candy Corn Day
Haunted Refrigerator
Night
31 – Halloween
Caramel Apple Day



Other Trainings:

Adams County Association of Family Child Care

Meetings usually held at the Thornton Civic Center, 9500 Civic Center Drive, I-25 & Thornton Pkwy. Contact: Melinda Kurgorn 303-280-4607.

- October 20, 6:30-?—Family Style Dinners presented by Carrie Schroeder McConnell, MA, RD.
- November 17th, 6:30-9:30 pm training—The Differences between Boys and Girls presented by Terri Emberling

Arapahoe County Family Child Care Assoc.:

Meets the 2nd & 3rd Tues of the month. @2nd Tues mtg. place is the Koelbel Library in Centennial. The 3rd Tues meeting place is the Medical Center of Aurora So. Campus. Contact Patty at 303-745-6558

Boulder County Family Child Care Assoc:

Meets the 2nd Tuesday of the month from 6:30-8:45pm at 1950 Mountain View, Longmont (Matisse Room). Contact Sue Stevens at 303-666-8774 .

Broomfield Child Care Association

Meets monthly on the 2nd Tuesday of every month 6:30-8:30pm at First Baptist Church, 90 Emerald St., Broomfield. Contact Cathy at (303) 451-7453

Colorado Assoc. of Family Child Care

Meets at the Bear Valley Church, 10001 West Jewell Avenue, Lakewood from 9-12. 2008 Dates: Aug 23, Sep 27, Oct 25, Nov 22. Potluck. Contact, Tricia 303-914-8687.

Denver Association of Family Child Care

Meets the 2nd Thursday of each month at the Salem United Church of Christ, 5300 E. Florida from 7:00—9:00 p.m. Price for workshop/meeting without membership card is \$5. Contact Betty 303-758-1289

Douglas County Child Care Association

Meeting dates and locations vary per month. Please call Paula (720)344-2931 or Shelley (303) 346-9779 for monthly information.

Jefferson County Child Care Association

Meetings are held at the Clements Community Center, 1580 Yarrow Street in Lakewood from 6:45—9:00 p.m.

- October 22—SIDS by Tena Satzman, Director of Angel Eyes
- November 19—Craft Extravaganza
Bring a dish if you wish to join the potluck meal. No children, breastfeeding infants only.

NE Denver Child Care Network

Meets the last Monday of the month at Environmental Tech Institute, 11801 E. 33rd Ave, Unit C, Denver 7-9 pm. Contact Emma at 303-618-9887 for more information.

Child Care Innovations

www.rccc.edu/childcareinnovations

Conferences:

November 1, 2008—Applebaum: Love, Laughter and Learning, 6 CEUs 8am-3pm, Summit Conference Center, 411 Sable Blvd Aurora , CO
www.atiseminars.org

Correspondence Courses

ACE-Alternative Cont. Ed. 720-436-9367
Wildwood-www.Wildwoodkidstuff.com
800-539-9453
CARE Course—www.carecourse.com
800-685-7610
Advanced Care—303-384-3696
Learning Bug—Sue Cometto 303-460-1954
Childcare Educational Opportunities—Judy Eggleston 303-469-5596

Online Courses

www.caregivernetwork.org



If you would like your association's training schedule listed here, please email your event information to drhods@comcast.net.



Month of:

- Aviation History
- Family Stories
- I am so Thankful
- Int'l Drum
- Military Family Appreciation
- American Indian Heritage
- Nat'l Novel Writing
- Nat'l Peanut Butter Lovers
- Vegan Month

Weekly:

- 1-7 – World Communication
- 2-8 – Animal Shelter Apprec.
- 9-15 – Nat'l Young Reader's
- 16-22 – Amer. Education
Storytelling for Grownups
- 23-30 – Nat'l Game/Puzzle
Nat'l Family Week

Days:

- 1 – All Saint's
Sadie Hawkins Day
- 2 – Cookie Monster Day
- 3 – Sandwich Day
- 4 – Election Day
- 6 – Saxophone Day
- 8 – Int'l Tongue Twister
- 10 – Gingerbread House
- 11 – Veterans Day
- 13 – World Kindness Day
- 15 – America Recycles
- 17 – Homemade Bread
- 18 – Mickey Mouse Day
- 19 – Have a Bad Day
- 20 – Universal Children's
- 22 – Nat'l Family Volunteer
- 24 – Celebrate your
Unique Talent
- 27 – Thanksgiving Day
- 28 – Flossing Day



MEDICATION ADMINISTRATION COURSES

Held at an **office building, Tower II, 3025 S. Parker Road, Aurora, CO 80014**, from 8:00 a.m.—1:00 p.m. Use the doors on the West side of the Northern building and go to the lower level conference room. Limited to 15 students per class. Cost \$40 per person. All classes are non-refundable. If the class you're scheduled for is cancelled, you will be notified if you have supplied us with your telephone number. There is a \$30.00

charge on all returned checks. Certificates are held for 3 weeks until check clears the bank.

No refunds.

Purchase classes online at www.caregivernetwork.org

Call 720-870-1161



2008 classes:

- **December 13 tentative**
Check online

Medication Forms Online:

www.caregivernetwork.org/8

UNIVERSAL PRECAUTIONS

Held at an **office building, Tower II, 3025 S. Parker Road, Aurora, CO 80014**, from 1:15 p.m. - 2:45 p.m. See instructions under Medications Administration column to the left.

2008 classes:

- **November 8**

Only \$15 per person

Call Dawn after 3:30 pm to register at 303-690-7684

FIRST AID & CPR COURSES

St. Martin in the Field Episcopal Church, 4740 S. Buckley Road, Aurora, CO 80015 from 8:45 a.m.—4:00 p.m.

Contact Jay 303-690-8267

All of our classes are **non-refundable**. If the class is cancelled and you've provided your telephone number, you will be called.

2008 Dates:

- October 18
- November 15
-

Certificate hold of 3 weeks until check clears. Preferred method of payment is to pay online with debit/credit card.

Only \$40.00



Pre-Licensing Training Course

ACGN offers pre-licensing toward opening a family childcare home license. If you know of anyone starting a child care, have them call 303-690-7684. \$70. Courses are 2 days/15 hours total on the following dates:

2008 classes:

- **Oct 25 & Nov 1**
- **Nov 22 & Dec 6**

PRESCHOOL PLANNING CLUB

Join us for fun and a minimum of 1 hour credit in the area of Early Childhood Education at Dawn's home, 5543 S. Himalaya Way, Centennial, CO 80015 at 7:00 p.m.

Many curriculum resources available in the library.

Cost: \$3.00 per person.

2008 Dates:

- **November 12**
- **December 10**

RSVP after 3 pm to Dawn at 303-690-7684



RECIPES

Baked Grilled Cheese Sandwiches

Preheat oven to 450 degrees F (230 degrees C).

Butter one side of 9 slices of bread, and place butter-side down on a baking sheet. Arrange cheese on each slice of bread. Spread butter on 9 remaining slices of bread, and place them buttered-side up on top of the cheese.

Bake in preheated oven for 6 to 8 minutes. Flip the sandwiches, and bake an additional 6 to 8 minutes, or until golden brown.

Source: <http://allrecipes.albertsons>.

Monkey Mix

1 cup banana chips
1 cup flaked coconut
1 cup chocolate chips
3 cups Cheerios

Mix all ingredients in a gallon sized plastic bag. Shake well.

Source: www.thatsmyhome.com/



*Cook 9
Sandwiches
At A Time*

We're on the Web...
caregivernetwork.org





Humor Me


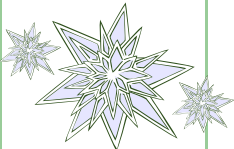

I Am Thankful.....

- ...for the taxes that I pay because it means that I am employed.
- ...for the mess to clean after a party because it means I have been surrounded by friends.
- ...for the clothes that fit a little too snug because it means I have enough to eat.
- ...for my shadow who watches me work because it means I am out in the sunshine.
- ...for a lawn that needs mowing, windows that need cleaned & gutters that need fixing because it means I have a home.
- ...for all the complaining I hear about the government because it means we have freedom of speech.
- ...for the spot I find at the far end of the parking lot because it means I am capable of walking.
- ...for the lady behind me in church who sings off key because it means that I can hear.
- ...for the piles of laundry and ironing because it means I have clothes to wear.
- ...for weariness and aching muscles at the end of the day because it means I have been productive.
- ...for the alarm that goes off in the early morning hours because it means that I am alive.
- ...for getting too much e-mail because it lets me know I have friends who are thinking of me.

OCTOBER 2008

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 	4
5	6	7	8	9	10	11 <i>Medications & Universal Prec.</i>
12	13	14	15	16 Member Dinner for those who RSVP'd—Full	17	18 CPR & First Aid
19	20	21	22	23	24	25 Prelicensing Part 1
26	27	28	29	30	31	<i>Classes in red are SOLD OUT</i>

NOVEMBER 2008

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Prelicensing Part 2
2	3	4	5	6	7	8 <i>Medications & Universal Prec.</i>
9	10	11	12	13	14	15 CPR & First Aid
16	17	18	19	20 Member Meeting & Workshop	21	22 Prelicensing Part 1
23	24	25	26	27	28	29
30						<i>Classes in red are SOLD OUT</i>



A Caregiver Network

P.O. Box 460861
Aurora, CO 80046-0861



Supporting All Early Childhood Professionals

Phone: 720-870-1161

Glue Ghosts



What you'll need:

- White school glue
- Waxed paper
- Wiggly eyes
- Felt, buttons, pom-poms, etc.

*Call Maria with your
openings!*

720-870-1161

mariaconrad@comcast.net

How to make it:

1. Place a piece of waxed paper on a flat surface.
2. Squeeze glue from the bottle into the shape of a ghost.
3. Place wiggly eyes into the glue.
4. If you would like to decorate your ghost, use felt, buttons, pom-poms or whatever you like to add character. We made a simple bow tie from green felt and added mini pom-poms for buttons.
5. Set aside in an out-of-reach area to dry overnight. Note: Expect for them to take all night – and possibly a few hours more – to dry completely.

Once dry the ghosts will look like they blend into the waxed paper. Carefully peel them paper and use them as decorations around the house.

Source: <http://crafts.kaboose.com>

Substitute Care Providers:

Becky—720-870-2185

Cherish —303-521-2586